Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/001

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/143/2024**) entitled "Study of prevalence of fungal sinusitis in patients of nasal polyposis" submitted by Dr. Ajay Jaswal, Resident, ENT, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

institutional Ethics Committee

Dr. RP Government Medical College,

1 ives Kunas

### Dr. Rajendra Prasad Government Medical College (Dr. RPGMC) Kangra at Tanda, Himachal Pradesh, India - 176 001

Institutional Ethics Committee (IEC)

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) +919418036987

Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/002

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/144/2024) entitled "Evaluation of hearing impairment in post chemoradiation head and neck malignancies patients" submitted by Dr. Riya Garg, Resident, ENT, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

institutional Ethics Committee

Dr. RP Government Medical College,

1 ives Kunas

### Dr. Rajendra Prasad Government Medical College (Dr. RPGMC) Kangra at Tanda, Himachal Pradesh, India - 176 001

Institutional Ethics Committee (IEC)

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013 Chairperson Padmashri Dr. Kshama Metre

National Director CORD (Tapovan Dharamsala) +919418036987

Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/003

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/145/2024) entitled "Colposcopic Evaluation of Cervix with Inflammatory Pap Smear" submitted by Dr. Bhavya Shridhar, Resident, Obstetrics and Gyanecology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

institutional Ethics Committee

Dr. RP Government Medical College,

1 ives Kunas

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/004

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/149/2024**) entitled "Hospital-Based Cancer Registries (HBCR) in India" submitted by Dr. Poorva Vias, Assistant Professor, Radiotherapy, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

institutional Ethics Committee

Dr. RP Government Medical College,

1 iven Kunas

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma Dr. Pradeep Makkar Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/005

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/153/2024**) entitled "Prevalence of IgG anti HAV antibodies in patients with cirrhosis of liver in sub-Himalayan region" submitted by Dr. BS Rana, Professor and Head, Gastroenterology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee Dr. RP Government Medical College,

Joseph Kuners

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/006

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/154/2024**) entitled "Delivery kidney care using ISN toolkit at Health and Wellness Centers: A stepped wedge study" submitted by Dr. Sunil Kumar Raina, Professor and Head, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee Dr. RP Government Medical College,

Jiven Kunen

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/007

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/155/2024**) entitled "To develop a checklist to facilitate the treating medical officers at primary care level for the management of animal bite" submitted by Dr. Ruchi Sharma, Resident, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee Dr. RP Government Medical College,

I sives Kuners

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/008

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/156/2024**) entitled "Concerted Health Effort to Prevent Neurological Ageing: A structured multimodal care bundle approach in SMRUTHI INDIA" submitted by Dr. Sunil Kumar Raina, Professor and Head, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee Dr. RP Government Medical College,

Jiven Kunen

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) +919418036987

Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina.

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/009

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/163/2024) entitled "A novel approach to management of obese PCOS in adolescents and young women: towards tailored interventions devoid of conventional oral-contraceptive therapy. A Multicentric Study" submitted by Dr. Shakun Chaudhary, Assistant Professor, Endocrinology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

#### Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

institutional Ethics Committee Dr. RP Government Medical College,

1 iven Kunas

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) +919418036987

Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina.

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/010

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/165/2024) entitled "Prevalence of Metabolic Syndrome and Status of Liver Transaminases, Vitamin D and Uric Acid Levels in Undergraduate Medical Students in sub-Himalayan region of north India: A Cross-Sectional Study" submitted by Dr. Vivek Sood, Associate Professor, Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

institutional Ethics Committee Dr. RP Government Medical College,

1 iven Kunas

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/011

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/166/2024) entitled "Echocardiography Pattern of congenital heart disease in infants: A hospital based cross sectional study" submitted by Dr. Prashant Pathak, Resident, Cardiology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee Dr. RP Government Medical College,

1 iven Kunas

Dr. RP Government institution C Kangra at Tanda (HP)

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 08.02.2025

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2025/012

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/170/2024**) entitled "Facts Driven Community- Based Intensive Participatory Approach for Improving Child Nutrition Status in two blocks of Kangra District, Himachal Pradesh (Phase-2 and 3)" submitted by Dr. Sheila C. Vir, Public Health Nutrition and Development Centre (PHNDC), New Delhi.

# Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee Dr. RP Government Medical College,

Joseph Kuners