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**DEPARTMENT OF ANATOMY
DR RAJENDRA PRASAD GOVT MEDICAL COLLEGE
KANGRA AT TANDA**

In view of campus acquaintance arrangement made for 1st year MBBS students Batch 2024-25 is as under :

14th OCTOBER 2024 STUDENTS WILL REPORT IN AUDITORIUM AT 9 am	
9 - 10am	Student welcome and welcome address by Principal DRRPGMC White coat with college logo/charak shapath/no to drugs/no to plastic / Department teachers/wardens/ MEU introduction / introduction about foundation course
10 - 11 am	Anti ragging and PTA formation ,Mentor & Mentee meeting with parents/wards Dr Munish Saroch, Professor, ENT
11 - 12 pm	Hostel rules Dr Anita, Assoc Prof , Biochemistry
12 - 1pm	FC 1.1 Demonstrate understanding of the role of doctors in society and their impact Dr Pankaj Kanwar, Assist Prof , Psychiatry
2 -3 pm	Hostel allotment
STUDENTS WILL REPORT IN LECTURE HALL - I, DEPARTMENT OF ANATOMY, NEW ANATOMY BLOCK AT 3 pm, 14th OCTOBER 2024	
DISTRIBUTION OF STUDENTS FOR ORIENTATION OF CAMPUS AND HOSPITAL IN THREE BATCHES FOR 14th OCTOBER 2024 3-6pm	
FC 1.5 Orientation of college campus, Library, Pre and para blocks, administrative structure, OPD, Hospital, themselves to the college campus, facilities, faculty,, support systems and processes of the institution	
Batch A - 1- 40 - Department of Anatomy - Administrative block , NewAnatomy block	
Batch B - 41- 80 - Department of Physiology - Library , campus , para clinical block	
Batch C - 81- 120 - Department of Biochemistry - Hospital and Labs	

**15th OCTOBER 2024 ONWARDS FOUNDATION COURSE WILL CONTINUE TILL
26th OCTOBER 2024 IN LECTURE HALL - I, DEPARTMENT OF
ANATOMY, NEW ANATOMY BLOCK, 8am ONWARDS**


Principal
DRRPGMC Kangra at Tanda
Principal
Dr. R. P. Govt. Medical College
KANGRA at TANDA (H. P.)

FOUNDATION COURSE TIMETABLE YEAR 2024
DRPGMC KANGRA AT TANDA
MBBS BATCH 2024-2025
As per CBME Guidelines of 2024 of NMC dated 12/09/2024

Orientation Module including History of Indian Medicine	FC1.1-1.10	15 HRS
Sports and Extra curricular Activities	SPORTS AND EXTRACURRICULAR ACTIVITIES	15 HRS
Skills Module	FC 2.1-2.9	15 HRS
Community orientation module	FC 3.1-3.6	5 HRS
Professional Development and Ethics Module (P&E) including Mental health	FC4.1-4.15	20 HRS
Enhancement of Language and Computer Skills Module including clinico-laboratory communication	FC 5.1-5.5	10 HRS
		Fondation course = 80 hrs

DATE	9 - 10 AM	10 - 11 AM	11 - 12 PM	12 - 1 PM	1 - 2 PM	2 - 3 PM	3 - 6 PM
14/10/2024	<p>Student welcome and welcome address by Principal DRRPGMC</p> <p>White coat/charak shapath/no to drugs/no to plastic / Department teachers/wardens/ MEU introduction / introduction about foundation course</p>	<p>Anti ragging and PTA formation, Mentor & Mentee meeting with parents/ wards</p> <p>Dr Munish Saroch, Professor, ENT</p>	<p>Hostel rules</p> <p>Dr Anita Assoc Prof, Biochemistry</p>	<p>FC 1.1 Demonstrate understanding of the role of doctors in society and their impact</p> <p>Dr Pankaj Kanwar Assist Prof Dep of Psychiatry</p>	Lunch	<p>Hostel allotment</p>	<p>FC 1.5 Orientation of college campus, Library, Pre and para blocks, administrative structure, OPD, Hospital, themselves to the college campus, facilities, faculty, support systems and processes of the institution</p> <p>Dep of Anatomy, Physiology and Biochemistry in rotation of one hour each for Batch A, B and C</p> <p>Batch A - Roll no 1- 40</p> <p>Batch B - Roll no 41- 80</p> <p>Batch C - Roll no - 81 - 120</p>

DATE	8-9 AM	9-10 AM	10-11 AM	11-12 PM	12-1 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
15/10/2024	<p>FC 1.3 Discuss and appreciate the expectations of the students from the Nation, society, Institution, peers, colleagues and patients and vice versa</p> <p>Dr Samir Janwal Assist Prof Dep of Biochemistry</p>	<p>FC 1.2 Demonstrate understanding of the Roles of an Indian Medical Graduate and relate it to the societal impact</p> <p>Dr Gaurav Sharma Assoc Prof Dep of Ophthalmology</p>	<p>FC 1.4 Demonstrate the understanding of rules and regulations of institution</p> <p>Dr Manish Saroch Prof Dep of ENT</p>		<p>FC 1.6 Discuss the various career pathways and opportunities for personal growth</p> <p>Dr Suman Assoc Prof Dep of Pathology</p>	Lunch	<p>FC 1.7 Demonstrate understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways</p> <p>Dr Sushma Assoc Prof Dep of Pharmacology</p>		<p>Sports</p> <p>Sports teacher</p>

DATE	8- 9 AM	9 - 10 AM	10 - 11 AM	11- 12 PM	12 - 1 PM	1-2 PM	2 - 3 PM	3 - 4 PM	4- 5 PM
16/10/2024	<p>FC 1.8 Demonstrate understanding the role of physician at various levels of Health care delivery</p> <p>Dr Shailja Assist Prof Dep of Community Medicine</p>	<p>FC 2.4 Demonstrate handling and safe disposal of Biohazardous materials in a simulated environment</p> <p>Dr Savita, Assoc Prof Dep of Microbiology</p>	<p>FC 2.3 Follow bio-safety and universal precautions</p> <p>Dr Anuradha, Prof Dep of Microbiology</p>	<p>FC 1.10 Demonstrate awareness of the History of Medicine and alternate systems of Medicine</p> <p>Dr Vivek Sood Assoc Prof Dep of Medicine</p>		Lunch	<p>FC 2.6 Demonstrate appropriate response to needle stick injuries</p> <p>Dr Avinash Assist Prof Dep of Paediatrics</p>		<p>Sports</p> <p>Sports teacher</p>

DATE	8- 9 AM	9 - 10 AM	10 - 11 AM	11- 12 PM	12 - 1 PM	1- 2 PM	2 - 5 PM
18/10/2024	<p>FC 1.9 Discuss the principles of family practice</p> <p>Dr Dinesh Assoc Prof Dep of Community Medicine</p>	<p>FC 2.5 Demonstrate proper hand washing and use of personal protective equipment</p> <p>Dr Madhu Assoc Prof Dep of Microbiology</p>	<p>FC 2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations</p> <p>Dr Savita, Assoc Prof Dep of Microbiology</p>	<p>FC 2.8 Discuss the Immunization requirements of Health care professionals</p> <p>Dr Piyush, Prof Dep of Paediatrics</p>	<p>FC 3.1 Demonstrate understanding of the national Health Goals and Policies</p> <p>Dr Sunil Raina Prof Dep of Community Medicine</p>	Lunch	<p>Batch A (Roll no 1- 40) FC 2.1 Perform Basic Life support in Skills lab - Skill Lab team FC 2.2 Perform First Aid in a simulated environment - Skill Lab team</p> <p>Batch B (Roll no 1 - 40) FC 5.2 Demonstrate use of local language in patient and peer interactions FC 5.3 Demonstrate ability to communicate and learn in English</p> <p>Dr Monika Pathania Assist Prof Anaesthesia and team</p> <p>Batch C (Roll no 41 - 80) FC 4.8 Understand the role of yoga and meditation in personal health</p> <p>Sports teacher</p>

DATE	8- 9 AM	9 - 10 AM	10 - 11 AM	11- 12 PM	12 - 1 PM	1- 2 PM	2 - 5 PM
19/10/2024	<p>FC 5.2 Demonstrate use of local language in patient and peer interactions</p> <p>FC 5.3 Demonstrate ability to communicate and learn in English</p> <p>Dr Monika Pathania Assist Prof Anaesthesia and team</p>	<p>FC 2.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation</p> <p>Dr Sushil</p> <p>Prof , Dep of Forensic Medicine</p>	<p>FC 3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues</p> <p>Dr Dinesh Prof Dep of Community Medicine</p>	<p>FC 3.3 Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care</p> <p>Dr Raman Assoc Prof Dep of Community Medicine</p>	Lunch	<p>Batch A (Roll no 1- 40)</p> <p>FC 2.1 Perform Basic Life support in Skills lab - Skill Lab team</p> <p>FC 2.2 Perform First Aid in a simulated environment - Skill Lab team</p> <p>Batch B (Roll no 1 - 40)</p> <p>FC 5.2 Demonstrate use of local language in patient and peer interactions FC 5.3 Demonstrate ability to communicate and learn in English</p> <p>Dr Monika Pathania Assist Prof Anaesthesia and team</p> <p>Batch C (Roll no 41 - 80)</p> <p>FC 4.8 Understand the role of yoga and meditation in personal health</p> <p>Sports teacher</p>	
20/10/2024	<p>EXTRACURRICULAR ACTIVITIES Music/literature/ painting/dramatics &. Sports Match</p> <p>(9 - 1 pm)</p> <p>Sports teacher</p>						<p>Sports (2 - 5 pm)</p> <p>Sports teacher</p>

DATE	8 - 9 AM	9 - 10 AM	10 - 11 AM	11 - 12 PM	12 - 1 PM	1 - 2 PM	2 - 5 PM
21/10/2024	<p>FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the consequences of unprofessional and unethical behaviour</p> <p>Dr Vikram Shah Assist Prof Dep of Medicine</p>	<p>FC 3.4 Discuss the basic principles of community health and its impact on health and disease</p> <p>Dr Parveen Assoc Prof Dep of Community Medicine</p>	<p>FC 4.9 Discuss the significance and appropriate ways of Time management</p> <p>Dr Rajiv Goel Prof, Dep of Biophysics</p>	<p>FC 3.5 Demonstrate understanding of the structure and functioning of the community health center</p> <p>FC 3.6 Demonstrate ability to obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases</p> <p>Dr Harsh Assist Prof, Dep of Community Medicine</p>	<p>FC 4.2 Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work</p> <p>Dr RajKumar Prof Dep of General Surgery</p>	Lunch	<p>EXTRACURRICULAR ACTIVITIES Music/ literature/painting/ dramatics</p> <p>Sports teacher</p>

DATE	8-9 AM	9-10 AM	10-11 AM	11-12 PM	12-1 PM	1-2 PM	2-5 PM
22/10/2024	<p>FC 4.3 Discuss the value, honesty and respect during interaction with peers, seniors, faculty, other health care workers and patients</p> <p>Dr Jyoti Assoc Prof Dep of Paediatrics</p>	<p>FC 4.4 Discuss the significance of working in a health care team</p> <p>Dr Amit Prof Dep of OBG</p>	<p>FC 4.5 Discuss disability competencies</p> <p>Dr Vipin Prof Dep of Orthopaedics</p>	<p>FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values</p> <p>Dr Anita Assoc Prof, Biochemistry</p>	<p>FC 4.7 Discuss the significance and methods of stress management and risk taking behavior</p> <p>Dr Maj Sukhjit Prof Dep of Psychiatry</p>	Lunch	<p>Batch B (Roll no 1 - 40)</p> <p>FC 2.1 Perform Basic Life support in Skills lab - Skill Lab team FC 2.2 Perform First Aid in a simulated environment - Skill Lab team</p> <p>Batch C (Roll no 41 - 80)</p> <p>FC 5.2 Demonstrate use of local language in patient and peer interactions FC 5.3 Demonstrate ability to communicate and learn in English</p> <p>Dr Monika Pathania Assist Prof Anaesthesia and team</p> <p>Batch A (Roll no 1- 40)</p> <p>FC 4.8 Understand the role of yoga and meditation in personal health</p> <p>Sports teacher</p>

DATE	8-9 AM	9-10 AM	10-11 AM	11-12 PM	12-1 PM	1-2 PM	2-5 PM
23/10/2024	Sports teacher	FC 4.10 Demonstrate understanding of importance of interpersonal relationship while working in a health care team Dr Maj Sukhjot, Prof Dep of Psychiatry	FC4.12 Demonstrates understanding of the process of group learning and group dynamics Dr Amit, Prof Dep of OBG	FC 4.11 Understand the role of mentoring Dr Seema Prof Dep of Paediatrics	FC 5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond Dr Rajkumar, Prof Dep of Surgery	Lunch	Batch B (Roll no 1 - 40) FC 2.1 Perform Basic Life support in Skills lab - Skill Lab team FC 2.2 Perform First Aid in a simulated environment - Skill Lab team Batch C (Roll no 41 - 80) FC 5.2 Demonstrate use of local language in patient and peer interactions. FC 5.3 Demonstrate ability to communicate and learn in English Dr Monika Pathania Assist Prof Anaesthesia and team Batch A (Roll no 1- 40) FC 4.8 Understand the role of yoga and meditation in personal health Sports teacher

DATE	8-9 AM	9-10 AM	10-11 AM	11-12 PM	12-1 PM	1-2 PM	2-5 PM
24/10/2024	Sports teacher	FC 5.4 Demonstrate basic computer skills Dr Avinash, Assist Prof Dep of Paediatrics	FC 4.13 Comprehend the learning pedagogy and its role in learning skills Dr Shyam, Assoc Prof Dep of Anaesthesia	FC 4.14 Demonstrates understanding of different methods of self-directed learning Dr Atal, Prof Dep of Pharmacology	FC 5.5 Demonstrate ability for accessing online resources Dr Avinash, Assist Prof Dep of Paediatric	Lunch	Batch C (Roll no 41 - 80) FC 2.1 Perform Basic Life support in Skills lab - Skill Lab team FC 2.2 Perform First Aid in a simulated environment - Skill Lab team Batch A (Roll no 1-40) FC 5.2 Demonstrate use of local language in patient and peer interactions FC 5.3 Demonstrate ability to communicate and learn in English Dr Monika Pathania Assist Prof Anaesthesia and team Batch B (Roll no 1 - 40) FC 4.8 Understand the role of yoga and meditation in personal health Sports teacher

DATE	8-9 AM	9-10 AM	10-11 AM	11-12 PM	12-1 PM	1-2 PM	2-5 PM
25/10/2024	Sports teacher	FC 4.15 Understand collaborative learning Dr Munish Saroch, Prof Dep of ENT	Introduction Anatomy	Introduction Physiology	Introduction Biochemistry	Lunch	Batch C (Roll no 41 - 80) FC 2.1 Perform Basic Life support in Skills lab - Skill Lab team FC 2.2 Perform First Aid in a simulated environment - Skill Lab team Batch A (Roll no 1-40) FC 5.2 Demonstrate use of local language in patient and peer interactions FC 5.3 Demonstrate ability to communicate and learn in English Dr Monika Pathania Assist Prof Anaesthesia and team Batch B (Roll no 1 - 40) FC 4.8 Understand the role of yoga and meditation in personal health Sports teacher

DATE	9 - 10 AM	10 - 11 AM	11 - 12 PM	12 - 1 PM	1 - 2 PM	2 - 4 PM
26/10/2024	Introduction Anatomy (Museum)	Introduction Anatomy (Histology lab)	Introduction Physiology (Human lab)	Introduction Physiology (Haematology & Amphibia lab)	Lunch	Introduction to DH Cadaveric oath Anatomy

* Skill lab (2.1.2.2), Language & communication(5.2,5.3) and Yoga classes(4.8) are taken in batches of 40 students (Batch A, B, C) . 6 hr duration is given for each batch.


 Principal
 Govt. Medical College
 Kangra, Jammu & Kashmir (H. P.)
 DRRPGMC Kangra

- Copy to
- HOD'S Department of Anatomy, Physiology, Biochemistry, Biophysics, Pathology, Microbiology, Pharmacology, Forensic Medicine, Community Medicine, ENT, Eye, General Medicine, General Surgery, Paediatrics, OBG, Psychiatry, Orthopaedics, Anaesthesia, Dermatology, Radiodiagnosis, Radiotherapy for information and necessary action please
 - Concerned Faculty & Sports Incharge for information and necessary action please
 - MEU Coordinator & Skill Lab nodal officer for information and necessary action please

4. Dr. Gaurav Sharma, HOD, Eye
 - cum - Nodal officer, college website
 for uploading the same on
 college website.


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