

**Survey of Family Adoption Programme by Organizing Medical Camps  
DR RPGMC Tanda, Kangra, Himachal Pradesh**

Phone: 25367030, 25367033, 25367035,  
25367036  
Fax: +91 11 25367024  
Pocket - 14, Sector - 8,  
Dwarka Phase - 1, New Delhi - 110077  
Website: www.nmc.org.in

दूरभाष: 25367030, 25367033, 25367035,  
25367036  
फोन: +91 11 25367024  
पॉकेट - 14, सेक्टर - 8,  
द्वारका फेज - 1, नई दिल्ली - 110 077  
वेबसाईट: www.nmc.org.in

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**राष्ट्रीय आयुर्विज्ञान आयोग  
National Medical Commission  
(Undergraduate Medical Education Board)**

No. U-15029/10/ Misc/2024/ UGMEB

Date : 08 August, 2024

To,  
All the Principal/Dean/Director of Medical Colleges

**Subject : Survey Of Family Adoption Programme by Organizing  
Medical Camp**

Dear Sir/Madam,

1. Greetings from Under-Graduate Medical Education Board (UGMEB), NMC. At the outset, we are thankful to all the medical colleges who have participated in the survey of Family Adoption Programme by organizing a medical camp and for the overwhelming response of students by submitting their essays / reflections on FAP.
2. In furtherance to the same, all colleges are requested to submit the data related to adopted villages/ clusters in academic year 2023-2024, in the attached format. This data is required to be submitted positively before 14<sup>th</sup> August, 2024.

With regards,

Yours sincerely,

*Aruna V Vanikar*  
(Dr. Aruna V Vanikar)  
President, UGMEB

Encl: Format

**Form I**

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Stat Section  
M/s  
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College/Institute level reporting format of the adopted families under Family Adoption Programme (FAP)

Date of Submission: 05/08/2024 District: KANGRA State/UT: HIMACHAL PRADESH

College/Institute Name DR. RAJENDRA PRASAD GOUT. MEDICAL COLLEGE, KANGRA, (HP)

**Table 1: Details of FAP survey required to be submitted by the institute/college.**

S.No.	Details Required	Details
1.	Total number of sanctioned MBBS seats for batch 2022	128
2.	Total number of students (from batch 2022) participating in the health camps	72
3.	Total number of faculty members involved from the Community Medicine Department	08
4.	Total number of faculty members involved from the Other Departments	2
5.	Total number of Residents (SR & JR) involved from the Community Medicine Department	8
6.	Total number of Residents (SR & JR) involved from the Other Departments	2
7.	Total number of Health Camps Organised (during FAP survey)	3
8.	Total number of households adopted	216
9.	Total population adopted	860
10.	Total number of beneficiaries during the camps	577
11.	Total number of beneficiaries from the adopted households during the camps.	577

**Table 2: Distribution of families adopted under FAP as per the type of family.**

Type of family	Numbers
Nuclear	98
Joint	45
Total	

Single generation 73  
Total 216

**Table 3: Age and Gender-wise distribution of population adopted under FAP.**

Age Group	Males	Females	Total
< 1 year	2	1	3
1 - 5 years	6	13	19
6 - 14 years	29	22	51
15 - 45 years	75	149	224
46 - 60 years	45	94	139
>60 years	66	75	141
Total	223	354	577

**Table 4: Distribution of the families adopted under FAP according to socio-economic status**

(as per modified BQ gradad scale 2023)

Socio-Economic Status	Number
Upper class	70
Upper-Middle class	49
Middle class	61
Lower middle class	29
Lower class	07
Total	216

**Table 5: NCD Screening of population adopted under FAP**

Screening	Total Screened	Raised BP/Deranged RBS	Known Hypertensives/Diabetics
Blood Pressure	475	149	71
Random Blood Sugar	415	65	38

**Table 6: Distribution of participants (from families adopted under FAP) according to their biological variables**

S.No.	Indicator	Total Screened	Outcome
1.	Children under 5 years who are stunted (height-for-age)	22	0
2.	Children under 5 years who are wasted (weight-for-height)	22	2
3.	Children under 5 years who are severely wasted (weight-for-height)	22	0
4.	Children under 5 years who are underweight (weight-for-age)	22	6
5.	Children under 5 years who are overweight (weight-for-height)	22	0
6.	Women* whose Body Mass Index (BMI) is below normal (BMI <18.5 kg/m <sup>2</sup> )	300	36
7.	Men* whose Body Mass Index (BMI) is below normal (BMI <18.5 kg/m <sup>2</sup> )	169	14
8.	Women* who are overweight or obese (BMI ≥25.0 kg/m <sup>2</sup> )	300	172
9.	Men* who are overweight or obese (BMI ≥25.0 kg/m <sup>2</sup> )	169	87
10.	Women* who have high risk waist-to-hip ratio (≥0.85)	300	232
11.	Men* who have high risk waist-to-hip ratio (≥0.90)	169	121
12.	Children age 6-59 months who are anaemic (<11.0 g/dl)	22	0
13.	Non-pregnant women age 15-49 years who are anaemic (<12.0 g/dl)	129	89
14.	Pregnant women age 15-49 years who are anaemic (<11.0 g/dl)	9	08
15.	All women age 15-49 years who are anaemic	138	98
16.	Men age 15-49 years who are anaemic (<13.0 g/dl)	50	32
17.	Women* with Blood sugar level - high (141-160 mg/dl)	272	07
18.	Women* with Blood sugar level - very high (>160 mg/dl)	272	32
19.	Women* with Blood sugar level - high or very high (≥140 mg/dl) or taking medicine to control blood sugar level	272	26
20.	Men* with Blood sugar level - high (141-160 mg/dl)	143	08
21.	Men* with Blood sugar level - very high (>160 mg/dl)	143	17
22.	Men* with Blood sugar level - high or very high (>140 mg/dl) or taking medicine to control blood sugar level	143	12
23.	Women* with Mildly elevated blood pressure (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg)	306	78
24.	Women* with Moderately or severely elevated blood pressure (Systolic ≥160 mm of Hg and/or Diastolic ≥100 mm of Hg)	306	22
25.	Women* with Elevated blood pressure (Systolic ≥140 mm of Hg and/or Diastolic ≥90 mm of Hg) or taking medicine to control blood pressure	306	34
26.	Men* with Mildly elevated blood pressure (Systolic 140-159 mm of Hg and/or Diastolic 90-99 mm of Hg)	169	53
27.	Men* with Moderately or severely elevated blood pressure (Systolic ≥160 mm of Hg and/or Diastolic ≥100 mm of Hg)	169	20
28.	Men* with Elevated blood pressure (Systolic ≥140 mm of Hg and/or Diastolic ≥90 mm of Hg) or taking medicine to control blood pressure	169	27

\*age 15 years and above.



Table 7: Information on ABHA enrolment.\*\*

Total Population covered	Total population with ABHA ID
	N/A Under process

\*\*if applicable in respective state/UT

N/A

Activity details (Health Talk/Group Discussion/Roleplays/Plantation etc) ① Vector Borne diseases  
② Water born diseases ③ Tuberculosis prevention.

\*Details on any other locally prevalent disease: It was found that Non-communicable diseases are more prevalent in the society along with Arbov.

  
Head of the Institute/College  
Principal  
Dr. R.P. Govt. Medical College  
Kangra of Tando

  
Head of the Department

**Undergraduate Medical Education Board, National Medical Commission**

**Family Adoption Programme Survey**

**Form 2**

**Declaration of Data Authentication**

We, the undersigned, hereby declare that the data collected during the health camps held under the Family Adoption Program survey, conducted by [Name of the Institute/College], are authentic and accurately represent the findings of the survey. This declaration serves to confirm that the following conditions have been met to ensure the integrity and reliability of the data:

1. **Originality:**
  - o The data collected are original and were gathered through scientifically sound and ethically approved methods.
  - o Any secondary data utilized from other sources have been properly cited and referenced.
2. **Accuracy:**
  - o The data presented have been accurately recorded, processed, and analysed.
  - o No data have been manipulated, altered, or fabricated to misrepresent the findings of the survey.
3. **Ethical Compliance:**
  - o The collection, handling, and presentation of data adhere to the ethical guidelines and standards set forth by [relevant ethical committee or institution].
  - o Informed consent was obtained from all participants, and their privacy and confidentiality have been safeguarded.
4. **Data Management:**
  - o The raw data and related documentation are securely stored and are available for review upon request by the relevant authorities or for the purpose of peer review.
  - o Proper data management practices have been followed to ensure the long-term preservation and accessibility of the data.
5. **Conflict of Interest:**
  - o Any potential conflicts of interest that may have influenced the data collection or analysis have been disclosed.

By signing this declaration, we affirm the authenticity and integrity of the data collected during the health camps and acknowledge our responsibility in maintaining the highest standards of ethics and scientific rigor.

Signature with date and designations

Faculty In-charge (Health camps under FAP survey)

*Dr. Akshay Mishra*  
Dr. Akshay Mishra, Community Medicine

Head of the Department of Community Medicine

*[Signature]*

Head of the Institute/College

*[Signature]*

With Seal/ Stamp

Principal,  
Dr. R.P. Govt. Medical College  
Kangra at Tanda

Undergraduate Medical Education Board, National Medical Commission

Family Adoption Programme (FAP) Survey 2024

Form 1

College/Institute level reporting format of the Family Adoption Programme (FAP)- 2023-24

Date of Submission: 09/08/2024 District: KANGRA State/UT: HIMACHAL PRADESH  
College/Institute Name DR. RAJENDRA PRASAD GOVERNMENT MEDICAL COLLEGE  
KANGRA AT TANDA (H.P.)

Table 1: Details of FAP required to be submitted by the institute/college.

S.No.	Details Required	Details
1.	Total number of sanctioned MBBS seats for batch 2023.	120
2.	Total number of faculty members in the institute/college.	149
3.	Total number of faculty members in the Community Medicine Department.	09
4.	Total number of faculty members involved* from the Community Medicine Department.	08
5.	Total number of faculty members involved* from the Other Departments	All
6.	Total number of Residents (SR & JR) in the institute/college.	363
7.	Total number of Residents (SR & JR) in the Community Medicine Department.	12
8.	Total number of Residents (SR & JR) involved* from the Community Medicine Department.	12
9.	Total number of Residents (SR & JR) involved* from the Other Departments.	- All -
10.	Total number of households adopted.	360
11.	Total population adopted.	860

\*Involvement in FAP visits of batch 2023

Activity details during FAP visits of batch 2023 (Health Talk/Group Discussion/Roleplays/Plantation/Health camps etc

- ① Group Discussion
- ② Plantation

Signature with date, designations and seal

Faculty In-charge (FAP for batch 2023)

Head of the Department of Community Medicine

Head of the Institute/College  
Principal  
Dr. R.P. Govt. Medical College  
Kangra at Tanda - 215244



Undergraduate Medical Education Board, National Medical Commission

Family Adoption Programme (FAP) Survey 2024

Form 2

Declaration of Data Authentication

We, the undersigned, hereby declare that the data of FAP visits of batch 2023 of DR. RATENDRA PRASAD GOVERNMENT MEDICAL COLLEGE KANGRA (Name of the Institute/College) submitted under the Family Adoption Program survey is authentic. This declaration serves to confirm that the following conditions have been met to ensure the integrity and reliability of the data:

1. **Originality:**
  - The data collected are original and were gathered through scientifically sound and ethically approved methods.
  - Any secondary data utilized from other sources have been properly cited and referenced.
2. **Accuracy:**
  - The data presented have been accurately recorded, processed, and analysed.
  - No data have been manipulated, altered, or fabricated to misrepresent the findings of the survey.
3. **Ethical Compliance:**
  - The collection, handling, and presentation of data adhere to the ethical guidelines and standards set forth by [relevant ethical committee or institution].
  - Informed consent was obtained from all participants, and their privacy and confidentiality have been safeguarded.
4. **Data Management:**
  - The raw data and related documentation are securely stored and are available for review upon request by the relevant authorities or for the purpose of peer review.
  - Proper data management practices have been followed to ensure the long-term preservation and accessibility of the data.
5. **Conflict of Interest:**
  - Any potential conflicts of interest that may have influenced the data collection or analysis have been disclosed.


By signing this declaration, we affirm the authenticity and integrity of the data collected during the FAP visits of batch 2023 and acknowledge our responsibility in maintaining the highest standards of ethics and scientific rigor.

Signature with date, designations and seal

Faculty In-charge (FAP for batch 2023)

Head of the Department of Community Medicine

Head of the Institute/College

  
Principal,  
Dr. R.P. Govt. Medical College  
Kangra at Tanda (Jammu & Kashmir)



