Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) +919418036987

**Member Secretary** Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

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Dr. Sunil Kumar Raina.

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/64

Dated: 21.06.2024

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/53/2024) entitled "Clinical characteristics of coronary slow flow in patients undergoing coronary angiography: A hospital-based cross-sectional and observational submitted by Dr. Sounak Sengupta, DrNB Resident, Cardiology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

#### Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee Dr. RP Government Medical College,

Kangra at Tanda (HP)

+ siven Kunas

Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

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Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/65

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/54/2024**) entitled "Pulmonary extramedullary hematopoiesis in pregnant females: an unusual finding in postmortem specimens northern Indian state of Himalayas" submitted by, Dr. Aruna Gupta, Associate Professor, Pathology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

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Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee

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Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

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Alternate Member Secretary

Mr. Satya Bhushan Sharma,

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Mr. Sushant Sharma,

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Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/66

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/55/2024**) entitled "Spectrum of risk factor for malnutrition in infants from 1 to 6 month" submitted by, Dr. Ipshita Gupta, Resident, Pediatrics, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

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Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee

Dr. RP Government Medical College,

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Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

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Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/67

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/56/2024**) entitled "Comparison of post operative analgesic efficacy of bupivacaine and ropivacaine with dexmedetomidine using ultrasound guided subcostal transverse abdominis plane block in laparoscopic cholecystectomy under general anesthesia" submitted by, Dr. Gandharv Singh, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about:

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

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Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

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Dated: 09.07.2024

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Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/68

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/57/2024**) entitled "Fractionated vs conventional bolus dose of 0.5% hyperbaric bupivacaine administration in spinal anaesthesia for hip surgery in elderly patient" submitted by, Dr. Akshay Kumar, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

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Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee Dr. RP Government Medical College,

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Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

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Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/69

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/58/2024**) entitled "Retrospective study of Histological Spectrum of Gastrointestinal Polyps in a tertiary care hospital" submitted by, Dr. Saurabh Sharma, Associate Professor, Pathology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

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Member Secretary

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Dated: 09.07.2024

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Dr. Ashish Garg

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Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/70

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/59/2024**) entitled "Setting up of Onco-Pathology lab to perform diagnostic and prognostic tests related to the cancer of highest prevalence in India in male (lung cancer) and female (breast cancer) at Dr. RPGMC, Kangra at Tanda" submitted by, Dr. Rashmi Kaul, Professor and HOD, Pathology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

### Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about:

- Patient information sheet and consent forms duly filled and signed
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- Final report of the study

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Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/71

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/60/2024**) entitled "Magnetic Resonance Imaging based Intervertebral disc height and concavity index of the lumbar spine in Sub Himalayan Population of Himachal Pradesh with Lower Back Pain" submitted by, Dr. Rahul Dhiman, Resident, Anatomy, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

# Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

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Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

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Dr. Ashish Garg

Legal Expert

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Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/72

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/61/2024**) entitled "Multifactorial analysis of deaths due to Hanging" submitted by, Dr. Arjun Kumar Saini, Resident, Forensic Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

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(Member Secretary)

Member Secretary

Institutional Ethics Committee

Dr. RP Government Medical College,

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Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

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Alternate Member Secretary

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Mr. Sushant Sharma,

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Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/73

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/62/2024**) entitled "To study and compare analgesic efficacy and safety of ultrasound-guided Transforaminal cervical nerve root block (CNRB) versus High Thoracic erector spinae plane block (ESPB) in patients with lower cervical pain: A prospective randomized controlled study" submitted by, Dr. Palvi, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

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Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

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Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

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Alternate Member Secretary

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Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/74

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/63/2024**) entitled "A study to track sickness career of patients presenting with snakebite in tertiary care hospital" submitted by, Dr. Ruchi Sharma, Resident, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
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The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

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(Member Secretary)

Member Secretary

Institutional Ethics Committee

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Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

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Dr. Atal Sood,

Mr. Sushant Sharma,

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Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/75

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/64/2024**) entitled "A study to assess the morbidity profiling of pregnant women at different stages of pregnancy" submitted by, Dr. Swati Tomar, Resident, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

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Please note that members of IEC have the right to monitor the study in any phase.

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Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

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Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/76

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/65/2024**) entitled "Effect of nebulized lignocaine in no sedation bronchoscopy: a randomised control trial in sub Himalayan population" submitted by, Dr. Anjali Minhas, Resident, Pharmacology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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- Any adverse event occurring during the study
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Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/77

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/66/2024) entitled "Effect of pearl millet diet on biochemical parameters in type 2 Diabetes Mellitus patients" submitted by, Dr. Vivek Sheel, Resident, Biochemistry, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/78

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/67/2024**) entitled "Characterisation of newly diagnosed hypertensives presenting to a tertiary care facility using Hypertension Risk Prediction Model" submitted by, Dr. Anisha Thakur, Resident, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

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(Member Secretary)

Member Secretary

Institutional Ethics Committee Dr. RP Government Medical College,

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Dated: 09.07.2024

E mail: iecdrpgmc@gmail.com

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Dr. Ashish Garg

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Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/79

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/68/2024**) entitled "A comparative study of the safety of Risperidone with Olanzapine in patients of new-onset psychosis" submitted by, Dr. Ashish Bansal, Resident, Pharmacology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

# Decision: The committee approves the research work to be conducted in its present form.

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- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee

Dr. RP Government Medical College,

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Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

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Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/80

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/69/2024) entitled "A real world, all comer, prospective, muLticenter, Clinical study to evaluate tHe safety and performance of the Eternia -EveroliMus Eluting Coronary Stent SYstem (EEECSS-Eternia) implanted as a part of standard clinical practice in India-ALCHEMY" submitted by, Dr. Mukul Kumar, Professor and Head, Cardiology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

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Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/81

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/70/2024**) entitled "To compare the effect of ultrasound guided Erector Spinae Plane Block vs Transversus Abdominis Plane Block for post- operative analgesia in the parturients undergoing Caesarean section under spinal anaesthesia" submitted by, Dr. Shabnam Guleria, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about:

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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/82

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/71/2024**) entitled "Study of Immuno radiological profile and clinical outcome in patients with Longitudinally Extensive Transverse Myelitis" submitted by, Dr. Om Arjun, Resident, Neurology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/83

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/72/2024**) entitled "The effects of spinal Anaesthesia and Tourniquet application on Ultrasound measured Optic Nerve Sheath Diameter in patients undergoing orthopaedic lower limb surgeries under subarachnoid block a prospective observational study" submitted by, Dr. Chhaya Singour, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about:

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/84

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/73/2024**) entitled "Assessment of the pre operative stress and anxiety and the predictive factors in patients undergoing elective and emergency surgery under regional and general anaesthesia" submitted by, Dr. Eesha, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/85

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/74/2024) entitled "Comparison of the Effects of Different PEEP values on US measured Optic nerve sheath diameter (ONSD) in patients undergoing laparoscopic cholecystectomy under General Anaesthesia: A randomized controlled Trial" submitted by, Dr. Ankita Sharma, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/86

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/75/2024**) entitled "Letrozole versus Mifepristone pretreatment with misoprostol in medical termination of pregnancy; a randomised controlled trial" submitted by, Dr. Vinus Bansal, Resident, Obstetrics and Gyanecology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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No. HFW- H DRPGMC/ Ethics /2024/87

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/76/2024) entitled "A Randomized controlled trial comparing the Efficacy of ferric carboxy maltose versus oral iron in the treatment of post-partum Iron deficiency anemia" submitted by, Dr. Mamta Mahajan, Assistant Professor, Obstetrics and Gyanecology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/88

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/77/2024) entitled "To study and compare pericapsular nerve block versus anterior quadratus lumborum block for ease of position during spinal and post operative analgesia in patients undergoing orthopaedic hip surgeries under spinal anaesthesia -A prospective randomised controlled study" submitted by, Dr. Manisha Kumari, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

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Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/89

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/78/2024**) entitled "A study of refractive errors among patients undergoing uncomplicated phacoemulsification cataract surgery" submitted by, Dr. Kapil Kumar, Resident, Ophthalmology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

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Lay Person

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No. HFW- H DRPGMC/ Ethics /2024/90

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/79/2024) entitled "Microbiological profile of vulvovaginitis and cervicitis in sexually active women attending outpatient department of Obstetrics and Gynaecology in a rural medical College" submitted by, Dr. Gargi Singh, Resident, Microbiology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/91

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/80/2024) entitled "Evaluating and comparing corrected flow time and respiratory variations of peak blood flow velocity and waveform in carotid and brachial artery for prediction of hypotension after induction of general anaesthesia in adult patients undergoing elective surgery - A cross-sectional observational study" submitted by, Dr. Kavya, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/92

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/81/2024) entitled "To evaluate the clinical efficacy of Dexmedetomidine as an adjuvant to Ropivacaine in USG guided suprainguinal fascia iliaca block for peri- operative analgesia in patients of trochanteric fractures" submitted by, Dr. Shweta, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/93

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/82/2024**) entitled "Incidence of postoperative pulmonary congestion and acute kidney injury in patients undergoing long duration surgeries and its correlation with intraoperative standard fluid therapy: a prospective observational study" submitted by, Dr. Anita Sharma, Assistant Professor, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/94

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/84/2024**) entitled "Microbiological profile of nail fold and nail plate infections in patient attending the Outdoor Patient Department of Dermatology, Venereology and Leprosy at Dr. Rajendra Prasad Government Medical College, Kangra at Tanda" submitted by, Dr. Akush, Resident, Microbiology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/95

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/86/2024**) entitled "Study of risk factors for retinal venous occlusion in tertiary care hospital" submitted by, Dr. Vishakha Dhatwalia, Resident, Opthalamology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

It is to be ensured that there shall be no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee

Dr. RP Government Medical College,

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Registration No. EC/NEW/INST/2023/0387 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 09.07.2024

E mail: iecdrpgmc@gmail.com

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Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/96

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/87/2024**) entitled "To study the ocular manifestation in patients undergoing head and neck radiotherapy in Dr. RPGMC, Tanda" submitted by, Dr. Mayur Garkar, Resident, Opthalamology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

# Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
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The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study, or Investigator.

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Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/97

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/89/2024**) entitled "To evaluate urinary uric acid/ creatinine ratio in neonates with perinatal asphyxia as a predictor of fetal outcome in a tertiary care hospital in sub-Himalayan region" submitted by, Dr. Naman Sethi, Resident, Pediatrics, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

# Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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- Final report of the study

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Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/98

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/90/2024**) entitled "To compare the analgesic efficacy of continuous infusion of paravertebral v/s erector spinae block in multiple rib fracture patients: A prospective randomised controlled study" submitted by, Dr. Gaurav, Resident, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

# Decision: The committee approves the research work to be conducted in its present form.

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- Any adverse event occurring during the study
- Final report of the study

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Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/99

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/91/2024**) entitled "A retrospective analysis Oesophageal Cancer Burden and Treatment in previous year in the Sub-Himalayan Region" submitted by, Dr. Poorva Vias, Assistant Professor, Pathology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/100

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/92/2024**) entitled "Costing of school health screening approach under Rashtriya Bal Swasthya Karyakram (RBSK), in Nagrota Bagwan block of district Kangra, Himachal Pradesh" submitted by, Dr. Nirbhay Narayan Singh, Resident, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about:

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Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/101

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/93/2024**) entitled "Histomorphology profile of urogenital tract lesions in males" submitted by, Dr. Simran Sharma, Resident, Pathology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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- Final report of the study

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Legal Expert

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Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/102

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/94/2024**) entitled "Clinical profile of patients with anterior uveitis" submitted by, Dr. Aman Gupta, Resident, Ophthalmology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

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Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/103

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/95/2024**) entitled "A comparative study of efficacy and safety of intralesional platelet-rich fibrin vs intralesional platelet rich plasma in patients of alopecia areata" submitted by, Dr. Deepak Soan, Resident, Dermatology, Venerology, and Leprosy, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

# Decision: The committee approves the research work to be conducted in its present form.

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Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/104

The IEC of Dr. RPGMC reviewed the protocol (No: IEC/96/2024) entitled "To study the effects of pre bedtime and post awake screen time on the day to day functioning and overall health of MBBS students" submitted by Ms. Agrima Kapoor, MBBS Student, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

## Decision: The committee approves the research work to be conducted in its present form.

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(Member Secretary)

Member Secretary

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Dated: 09.07.2024

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Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2024/105

The IEC of Dr. RPGMC reviewed the protocol (**No: IEC/97/2024**) entitled "Comprehensive analysis of Deaths due to Thermal Injuries" submitted by, Dr. Siddharth Kalia, Resident, Forensic Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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- Any adverse event occurring during the study
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