Registration No. EC/NEW/INST/2021/2081 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987

Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 29.08.2023

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

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Dr. Sunil Kumar Raina.

Dr. Atal Sood,

Mr. Sushant Sharma,

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Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/103

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/093/2023) entitled "Association of serum ALP in prognosis of breast cancer along with its distant metastasis" submitted by, Dr. Mimosa Das, Resident, Biochemistry, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting

held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee Dr. RP Government Medical College,

+ siven Kuner

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Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/104

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/094/2023) entitled "Prevalence of hypertension among adults in district Kangra of Himachal Pradesh" submitted by, Dr. Ashwani Kumar, Resident, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee

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Clinicians

Dr. Seema Sharma Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/105

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/095/2023) entitled "Prevalence of obesity among adolescents (10-19 years in age) in district Kangra of Himachal Pradesh" submitted by, Dr. Paras Chauhan, Resident,

Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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(Member Secretary)

Member Secretary

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Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/106

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/098/2023) entitled "Sequential versus simultaneous use of high volume foley's catheter and misoprostol for induction of labour" submitted by, Dr. Mamta Mahajan, Assistant Professor, Obstetrics and Gynecology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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(Member Secretary)

Member Secretary

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Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/107

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/100/2023) entitled "Assessing risk of CoVID-19 sequelae after SARS- CoV-2 infection among adults of rural areas of Himachal Pradesh" submitted by, Dr. Sapna Sharma, Resident, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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(Member Secretary)

Member Secretary

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Social Scientist

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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/108

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/105/2023) entitled "A study of WHO-point prevalence survey (PPS) of antimicrobial use amongst admitted patients in RPGMC, Tanda" submitted by, Dr. Raman Chauhan, Associate Professor, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

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(Member Secretary)

Member Secretary

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Dr. Ashish Garg

Legal Expert

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Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/109

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/106/2023) entitled "Effect of peer-group therapy sessions using community based participatory research (CBPR) model on medication adherence among patients of Diabetes or Hypertension: A multi-centric cluster randomized trial in rural settings across India" submitted by, Dr. Dinesh Kumar, Professor, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

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(Chairperson)

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Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/110

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/107/2023) entitled "Cost-effectiveness of passive, active, and intensified case-finding strategies at primary health care facilities under the National Tuberculosis Elimination Program (NTEP) in Kangra, Himachal Pradesh" submitted by, Dr. Dinesh Kumar, Professor, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

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Dated: 29.08.2023

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Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/111

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/109/2023) entitled "Prevalence of depression and anxiety among professional and non-professional college going students aged more than 18 years and above in district Kangra, Himachal Pradesh" submitted by, Dr. Suhel Ahmed, Resident, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

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(Member Secretary)

Member Secretary

institutional Ethics Committee

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Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/112

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/110/2023) entitled "Hyperbilirubinemia as predictor of gangrenous bowel in case with dynamic intestinal obstruction" submitted by, Dr. Jothiranganathan. M, Resident, Surgery, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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(Member Secretary)

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Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/113

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/111/2023) entitled "Study on Relationship Between Air Pollution Exposure of Pregnant Women and Epigenetic Changes Mediated by AHR/CYP1-A Signaling Pathway with

the Risk of Intrauterine Growth Restriction" submitted by, Dr. Sunil Kumar Raina, Professor, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh in the meeting

held on 28.08.2023.

Decision: The committee approves the research work to be conducted in its present form.

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(Member Secretary)

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