

DEPARTMENT OF OBG

DR RAJENDRA PPRASAD GOVT MEDICAL COLLEGE KANGRA AT TANDA

No.HFW-H(DRPGMC)OBG2023-

DATED: 14/01/2023

NOTICE

MBBS Batch 2020 shall be coming to classes from 16th January 2023. The CBME timetable is prepared as below for compliance please. Topic/class may be assigned to a colleague with information to the in-charge (Dr Kamal Singh for this batch) so that attendance is entered correctly.

CBME timetable: 3RD PHASE MBBS PART 1: Session to start from 16/1/2023

Lectures: 25 hrs, SDL: 5 hrs, Seminars, demonstration/DOAP: 35 hrs

Classes allotted on Wednesday and Saturdays in “master timetable”

Lectures: 25 hrs

| Lecture number | COMPETENCY NUMBER | BRIEF TITLE OF LECTURE | NAME OF TEACHER/FACILITATOR | DATE | WEEK (Wednesday 9-10 am) |
|----------------|-------------------|------------------------|-----------------------------|---------|---|
| | 7.1 | PHYSIOLOGICAL CHANGES | Dr Vikrant | 18/1/23 | 1 st Wednesday from start of classes |
| | 9.1, 9.2 | ABORTION, CONSENT | Dr Meenakshi | 1/2/23 | 2 |
| | 9.3 | ACUTE ABDOMEN | Dr Mamta Mahajan | 8/2.23 | 3 |
| | 9.4 | GTD | Dr Ajay Sood | 15/2/23 | 4 |
| | 9.5 | HYPEREMESIS GRAVIDARUM | Dr Amit Gupta | 22/2/23 | 5 |
| | 10.1 | APH | Dr Ashok Verma | 1/3/23 | 6 |
| | 11.1 | MULTIPLE PREGNANCY | Dr Anjali Soni | 15/3/23 | 7 |
| | 12.1 | PIH, ECLAMPSIA | Dr Kamal | 22/3/23 | 8 |
| | 12.1 | PIH, ECLAMPSIA | Dr Kamal | 29/3/23 | 9 |
| | 12.2 | ANEMIA IN PREGNANCY | Dr Anjali Soni | 5/4/23 | 10 |
| | 12.3 | DIABETES | Dr Ajay Sood | 12/4/23 | 11 |
| | 12.4 | HEART DISEASE | Dr Vikrant | 19/4/23 | 12 |
| | 12.5 | UTI | Dr Ashok Verma | 26/4/23 | 13 |
| | 12.6 | LIVER DISEASE | Dr Amit Gupta | 3/5/23 | 14 |
| | 12.8 | Rh INCOMPATIBILITY | Dr Kamal | 10/5/23 | 15 |
| | 13.1 | LABOUR PHYSIOLOGY | Dr Ajay Sood | 17/5/23 | 16 |
| | 13.2 | PROM, PERTERM LABOUR | Dr Anjali | 24/5/23 | 17 |

| | | | | | |
|--|-------------------------------|--|----------------|---------|----|
| | 14.2 | MECH OF LABOUR, obstructed labour | Dr Vikrant | 31/5/23 | 18 |
| | 14.3, 16.1,16.2,16.3 | RUPTURE UTERUS,PPH, INVERSION, BLOOD TRANSFUSION | Dr Ashok Verma | 7/6/23 | 19 |
| | 14.3, 16.1,16.2 | RUPTURE UTERUS,PPH, INVERSION, BLOOD TRANSFUSION | Dr Ashok Verma | 14/6/23 | 20 |
| | 16.3 | IUGR | Dr Kamal | 21/6/23 | 21 |
| | 16.3 | IUGR | Dr Kamal | 28/6/23 | 22 |
| | 17.1,17.2,17.3 | LACTATION, BREAST FEEDING | Dr Vikrant | 5/7/23 | 23 |
| | 18.1,18.2,18.3,18.4 | NEWBORN, RESUSCITATION,ASPHYX IA | Dr Meenakshi | 12/7/23 | 24 |
| | All competencies addressed | Formative assessment | | 19/7/23 | 25 |

SEMINARS

| | COMPETENCY NUMBER | BRIEF TITLE | Moderator/facilitator | Date | Student roll no | From 21st Saturday after DOAP finished(each Saturday) |
|---|-------------------|---|-----------------------|-------------|------------------------|---|
| 1 | 7.1 | PHYSIOLOGICAL CHANGES IN PREGNANCY | Dr Vikrant | 10/6/23 | 1 | 21 st Saturday |
| 2 | 8.7 | VACCINATION IN PREGNANCY | Dr Vikrant | 17/6/23 | 2 | 22 |
| 3 | 9.1,9.2 | ABORTIONS TYPES, MANAGEMENT | Dr Meenakshi | 24/6/23 | 3 | 23 |
| 4 | 12.1 | PIH: THEORIES, EARLY DIAGNOSIS | Dr Kamal | 1/7/23 | 4 | 24 |
| 5 | 12.2 | ANEMIA IN PREGNANCY: INVESTIGATIONS, INDICES | Dr Anjali | 8/7/23 | 5 | 25 |
| 6 | 12.3 | DIABETES: OHA,INSULINS | Dr Ajay sood | 15/7/23 | 6 | 26 |
| 7 | 12.4 | HEART DISEASE: ANTICOAGULATION, | Dr Vikrant | 22/7/23 | 7 | 27 |

| | | | | | | |
|----|------|--|---------------|---------|----|----|
| | | COAGULATION TESTS AND INTERPRETATION | | | | |
| 8 | 12.7 | HIV: screening, risk factors, mgt, PMTC, HAART, PEP | Dr Kamal | 29/7/23 | 8 | 28 |
| 9 | 12.8 | Rh INCOMPATIBILITY: PATHOLOGICAL NNJ, EXCHANGE TRANSFUSION | Dr Kamal | 5/8/23 | 9 | 29 |
| 10 | 13.1 | PARTOGRAM | Dr Mamta | 12/8/23 | 10 | 30 |
| 11 | 13.2 | POST DATE PREGNANCY | Dr Anjali | 19/9/23 | 11 | 31 |
| 12 | 15.1 | EPISIOTOME, CS, VACCUM, FORCEPS | Dr Meenakshi | 26/8/23 | 12 | 32 |
| 13 | 16.1 | BLOOD BANKING AND BLOOD PRODUCTS TRANSFUSION, INDICATIONS, HAZARDS | Dr Nidhi | 2/9/23 | 13 | 33 |
| 14 | 16.3 | IUGR: FETAL USG, DOPPLER | Dr Amit Gupta | 9/9/23 | 14 | 34 |
| 15 | 17.2 | BREAST FEEDING | Dr Nidhi | 16/9/23 | 15 | 35 |

Self Directed Learning/Small Group Discussion: 5HRS

| | COMPETENCY NUMBER | BRIEF TITLE | Moderation: Student roll no /teacher | Date | Wednesday after 25 theory classes finished (26 th week onwards) |
|---|-------------------|--|--------------------------------------|---------|--|
| 1 | 7.1 | PHYSIOLOGICAL CHANGES IN PREGNANCY: COMPARE AND CONTRAST BIOCHEMICAL CHANGES | 16, Dr Vikrant 7/9/22 | 16/8/23 | 26 th Wednesday |
| 2 | 8.4 | CTG MACHINE AND ADVANCES | 17, Dr Meenakshi 14/9/22 | 23/8/23 | 27 |
| 3 | 10.1 | APH: FLUID/BLOOD MGT | 18, Dr Ashok Verma 21/9/22 | 26/7/23 | 28 |
| 4 | 8.6 | COUNSEL REGARDING APPROPRIATE NUTRITION IN PREGNANCY | 19, Dr Mamta 28/9/22 | 2/8/23 | 29 |

| | | | | | |
|---|------|--|-------------------------|--------|----|
| 5 | 12.3 | DIABETIC DIET, GLYCEMIC INDEX PLAN A DIET FOR NORMAL BMI | 20, Dr Ajay 12/10/22 | 9/8/23 | 30 |
|---|------|--|-------------------------|--------|----|

DEMONSTRATION/DOAP: 20 HRS: 1st 20 Saturdays (9-10 am in groups; 1-30,31-60,61-90,91-120) in groups. Competencies grouped and planned in table below this table:

| | COMPETENCY NUMBER | BRIEF TITLE/ specific objectives: |
|-----|---|--|
| 1. | 8.4, 14.1 | DIAMETERS OF PELVIS, skull |
| 2. | 8.4,14.1 | Mechanism of labour in occipito anterior and posterior |
| 3. | 8.4,14.1 | Mechanism of labour in breech |
| 4. | 8.6 | COUNSELLING APPROPRIATE NUTRITION TO PREGNANT |
| 5. | 8.6 | COUNSELLING APPROPRIATE NUTRITION TO PREGNANT |
| 6. | 9.4 | HTD: H MOLE, low risk and high risk GTN |
| 7. | 12.1 | ECLAMPSIA MANAGEMENT, magsulf, dilantin, diuretics, fluid therapy, antihypertensives, right anaesthesia/ analgesia |
| 8. | 13.1 | PARTOGRAPHIC MANAGEMENT OF LABOUR: partograph components, plotting by all students |
| 9. | 13.2 | PRETERM LABOUR: TOCOLYTICS, ANTIBIOTICS |
| 10. | 13.3, 13.4, 13.5, 13.3, 13.4, 13.5,15.2 | TECHNIQUE OF ARM, STAGES OF LABOUR: DIAGNOSIS, NORMAL, VAGINAL DELIVERY, EPISIOTOMY TECHNIQUE, LA, BLOCKS |
| 11. | 13.3, 13.4, 13.5, 13.3, 13.4, 13.5,15.2 | TECHNIQUE OF ARM, STAGES OF LABOUR: DIAGNOSIS, NORMAL, VAGINAL DELIVERY, EPISIOTOMY TECHNIQUE, LA, BLOCKS |
| 12. | 15.1, 20.2 | CONSENT FOR VARIOUS PROCEDURES: CORRECT METHOD AND DOCUMENTATION |
| 13. | 16.2 | INVERSION UTERUS ; DIAGNOSIS & MANAGEMENT |
| 14. | 18.1,18.2,18.3, 18.4 | BIRTH ASPHYXIA, STEPS OF NEONATAL RESUSCITATION, TREATMENT OF ASPHYXIA, PRINCIPLES OF RESUSCITATION |
| 15. | 18.1,18.2,18.3, 18.4 | BIRTH ASPHYXIA, STEPS OF NEONATAL RESUSCITATION, TREATMENT OF ASPHYXIA, PRINCIPLES OF RESUSCITATION |
| 16. | 18.1,18.2,18.3, 18.4 | BIRTH ASPHYXIA, STEPS OF NEONATAL RESUSCITATION, TREATMENT OF ASPHYXIA, PRINCIPLES OF RESUSCITATION |
| 17. | 19.1 | PUERPERIUM: NORMAL AND ABNORMAL |
| 18. | 19.3, 19.4 | TUBAL LIGATION: CONSENT, METHODS, IUCD INSEETION AND REMOVAL |
| 19. | 19.3, 19.4 | TUBAL LIGATION: CONSENT, METHODS, IUCD INSEETION AND REMOVAL |
| 20. | 19.3, 19.4 | TUBAL LIGATION: CONSENT, METHODS, IUCD INSEETION AND REMOVAL |

DETAILED PLAN FOR DEMONSTRATION/DOAP

Demonstration/DOAP plan: 9-10AM (FIRST 20 SATURDAYS) FROM START OF SESSION

Group A: Roll no 1-30

Group B: Roll no 31-60

Group C: Roll no 61-90

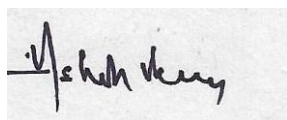
Group D: Roll no 91-120

| DEMONSTRATION ROOM-OBG | FACULTY BLOCK | LABOUR ROOM, POST OP WARD, MTY OT | LABOUR ROOM, POST OP WARD, MTY OT, OPD |
|---|--|---|--|
| Dr Sanjiv, Dr Apra nSR JR1,JR2,JR3 | Dr Tanu,Dr Mini/Dr Shikha/nSR, JR3,JR2,JR1 | Dr Dineshwar,Dr Rohit,Dr Indu JR3,JR2,JR1 | Dr Shaina, Dr Sapna,nSR JR3,JR2,JR1 |
| Group A (1-30) | Group B (31-60) | Group C (61-90) | Group D (91-120) |
| OG8.4,14.1 | OG9.4, 8.6,12.1,13.2, | OG 13.1,13.3,13.4,13.5,15.2,20.2,16 .2, | 18.1,18.2,18.3,18.4,19.1,19.3,19 .4, |
| Diameters of skull, pelvis | H mole | Partograph | Neonatal resuscitation, steps |
| Mechanism of labour in OA | Drugs: anti HT, Fluids, Magsulf, LA, | Monitoring of labour, stages | Birth asphyxia |
| Mechanism of labour in OP | Tocolytics, antihypertensive s, fluids, Frusemide | Conduct of NVD | Puerperium- normal/abnormal: management |
| Mechanism of labour in Breech | Contraceptives | Episiotomy, vacuum, forceps | Tubal ligation, consent, |
| Mechanism of labour in face/brow/transverse lie | Counselling appropriate nutrition | CS, consent | IUCD: INSERTION AND REMOVAL METHOD |

| SERIAL NUMBER | Saturday 9-10am: Week no- (from start of classes) | Brief competency/specific objectives | | | |
|---------------|---|--------------------------------------|-----------------|-----------------|----------------------------------|
| | | Group A (1-30) | Group B (31-60) | Group C (61-90) | Group D (91-120) |
| 1. 21/1/23 | 1 | Diameters of skull, pelvis | H mole | Partograph | Neonatal resuscitation, steps |

| | | | | | | |
|-----|---------|----|--|--|--|--|
| 2. | 28/1/23 | 2 | Mechanism of labour in OA | Drugs: anti HT, Fluids, Magsulf, LA, | Monitoring of labour, stages | Birth asphyxia |
| 3. | 4/2/23 | 3 | Mechanism of labour in OP | Tocolytics, antihypertensives, fluids, Frusemide | Conduct of NVD | Puerperium-normal/abnormal: management |
| 4. | 11/2/23 | 4 | Mechanism of labour in Breech | Contraceptives | Episiotomy, vacuum, forceps | Tubal ligation, consent, |
| 5. | 18/2/23 | 5 | Mechanism of labour in face/brow/transverse lie | Counselling | CS | IUCD: INSERTION AND REMOVAL METHOD |
| 6. | 25/2/23 | 6 | H mole | Partograph | Neonatal resuscitation, steps | Diameters of skull, pelvis |
| 7. | 4/3/23 | 7 | Drugs: anti HT, Fluids, Magsulf, LA, | Monitoring of labour, stages | Birth asphyxia | Mechanism of labour in OA |
| 8. | 11/3/23 | 8 | Tocolytics, antihypertensives, fluids, Frusemide | Conduct of NVD | Puerperium-normal/abnormal: management | Mechanism of labour in OP |
| 9. | 18/3/23 | 9 | Contraceptives | Episiotomy, vacuum, forceps | Tubal ligation, consent, | Mechanism of labour in Breech |
| 10. | 25/3/23 | 10 | Counselling | CS | IUCD: INSERTION AND REMOVAL METHOD | Mechanism of labour in face/brow/transverse lie |
| 11. | 1/4/23 | 11 | Partograph | Neonatal resuscitation, steps | Diameters of skull, pelvis | H mole |
| 12. | 8/4/23 | 12 | Monitoring of labour, stages | Birth asphyxia | Mechanism of labour in OA | Drugs: anti HT, Fluids, Magsulf, LA, |
| 13. | 15/4/23 | 13 | Conduct of NVD | Puerperium-normal/abnormal: management | Mechanism of labour in OP | Tocolytics, antihypertensives, fluids, Frusemide |
| 14. | 22/4/23 | 14 | Episiotomy, vacuum, forceps | Tubal ligation, consent, | Mechanism of labour in Breech | Contraceptives |
| 15. | 29/4/23 | 15 | CS | IUCD: INSERTION AND REMOVAL METHOD | Mechanism of labour in face/brow/transverse lie | Counselling |
| 16. | 6/5/23 | 16 | Neonatal resuscitation, steps | Diameters of skull, pelvis | H mole | Partograph |
| 17. | 13/5/23 | 17 | Birth asphyxia | Mechanism of labour in OA | Drugs: anti HT, Fluids, Magsulf, LA, | Monitoring of labour, stages |
| 18. | 20/5/23 | 18 | Puerperium-normal/abnormal: management | Mechanism of labour in OP | Tocolytics, antihypertensives, fluids, Frusemide | Conduct of NVD |
| 19. | 27/5/23 | 19 | Tubal ligation, consent, | Mechanism of labour in Breech | Contraceptives | Episiotomy, vacuum, forceps |
| 20. | 3/6/23 | 20 | IUCD: INSERTION AND REMOVAL METHOD | Mechanism of labour in face/brow/transverse lie | Counselling | CS |

The assigned topics can be interchanged. Some classes may be delegated to the senior residents. Academic sessions for 3rd phase have been reduced due to COVID 19 pandemic so classes may be planned such that adjustment is possible for internal examinations. Two internal examinations are mandatory and shall count towards marks in university examinations.



Collegiums head Teaching & Research

DRPGMC Tanda

H.P

Copy to:

1. The principal DRPGMC Tanda
2. Office file
3. Incharge Dr Kamal (For MBBS 2020 Batch) with request to keep in touch with the teachers and student representatives such that classes are conducted and attendance marked.
4. All in OBG department through notice board and group email at obgdepartmenttanda@googlegroupd.com and whatsapp group.