Registration No. EC/NEW/INST/2021/2081 and ECR/490/Inst/HP/2013

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 05.06.2023

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Dr. Pradeep Makkar

Dr. Ashish Garg

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Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/054

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/041/2023) entitled "Clinical profile, risk factors, prevalence, angiographic distribution and severity of coronary artery stenosis in patients with chronic stable angina in a tertiary care hospital" submitted by, Dr. Swati Mahajan, DNB Student, Cardiology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about:

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee

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Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

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Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/058

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/042/2023) entitled "A study for quantitative level of circulating level of alpha -1-antitrypsin inpatient of diabetes mellitus and thyroid disorders" submitted by, Dr. Anchal Dogra, Resident, Biochemistry, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

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Dr. Ashish Garg

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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/059

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/043/2023) entitled "Comparative study of albuminuria lowering effect of dapagliflozin and dapagliflozin plus eplerenone in patients with Diabetes mellitus: A parallel group, unblinded randomized controlled trial" submitted by, Dr. Nikhil Kumar, Resident, Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about:

- Patient information sheet and consent forms duly filled and signed
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No. HFW- H DRPGMC/ Ethics /2023/060

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/044/2023) entitled "To study the profile of patients presenting with upper gastrointestinal bleed" submitted by, Dr. Radhika Sharma, Resident, Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
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Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/061

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/045/2023) entitled "Prospective, observational study for determining incidence and risk factors for post-operative delirium in patients undergoing surgeries" submitted by, Dr. Anjana, Resident, Anesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
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Please note that members of IEC have the right to monitor the study in any phase.

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Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/062

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/048/2023) entitled "Facts Driven Community- Based Intensive Participatory Approach for Improving Child Nutrition Status in two blocks of Kangra District, Himachal Pradesh" submitted by, Dr. Vandna Sabharwal, Public Health Nutrition and Development Centre C-23 Anand Niketan, New Delhi – 110021 in collaboration with CORD, Dharamshala, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about:

- Patient information sheet and consent forms duly filled and signed
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Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/063

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/050/2023) entitled "To study the spectrum of thyroid profile of congenital hypothyroidism in newborns of mothers having thyroid disorders (hypo or hyperthyroidism)" submitted by, Dr. Neha Rehalia, Resident, Pediatrics, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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No. HFW- H DRPGMC/ Ethics /2023/064

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/051/2023) entitled "Screening of congenital heart disease (CHD) by using preductal pulse oximeter in neonates within 48 hours of birth in tertiary care centre of sub-Himalayan region" submitted by, Dr. Anju Bala, Resident, Pediatrics, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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No. HFW- H DRPGMC/ Ethics /2023/065

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/052/2023) entitled "To study clinicopathological pattern of breast carcinoma in Sub-Himalyan region" submitted by, Dr. Vikrant Balouria, Resident, Surgery, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Dr. Shabab Ahmed

Lay Person

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No. HFW- H DRPGMC/ Ethics /2023/066

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/054/2023) entitled "Diagnostic characterization of obstructive coronary artery disease by using 128 slice coronary CT angiography in patients with clinically suspected coronary artery disease" submitted by, Dr. Ankush Kumar, Resident, Radiology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Institutional Ethics Committee Dr. RP Government Medical College,

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Dr. Ashish Garg

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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/067

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/055/2023) entitled "Diagnostic accuracy of MRI vs USG and Doppler in diagnosis of placental adhesive disorders in pregnant women: A cross-sectional observational study" submitted by, Dr. G.Sirisha, Resident, Radiology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Dr. Pradeep Makkar

Dr. Ashish Garg

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Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/068

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/056/2023) entitled "The study of Malignant transformation in in mature cystic teratoma of ovary: Series of cases" submitted by, Dr. Aruna, Associate Professor, Pathology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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(Member Secretary)

Member Secretary

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Dr. Ashish Garg

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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/069

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/057/2023) entitled "Clinico epidemiological and autoimmunity profile in patients of T1DM from 6 months to 18 years" submitted by, Dr. Sushma, Resident, Pediatrics, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/070

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/058/2023) entitled "To determine knowledge, attitude and practices regarding C.O.L.S. and C.P.R. in teaching staff of various education institutions in Himachal Pradesh" submitted by, Dr. Shyam Bhandari, Associate Professor,

Decision: The committee approves the research work to be conducted in its present form.

Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

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No. HFW- H DRPGMC/ Ethics /2023/071

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/059/2023) entitled "To determine awareness regarding different aspects of perioperative anaesthesia among patients undergoing surgery and their first-degree relatives" submitted by, Dr. Nanish Sharma, Assistant Professor, Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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No. HFW- H DRPGMC/ Ethics /2023/072

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/060/2023) entitled "To assess pediatric sequential organ failure assessment score as a predictor of outcome in sepsis in PICU" submitted by, Dr. Diksha, Resident, Pediatrics,

Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

Member Secretary

Institutional Ethics Committee

Dr. RP Government Medical College,

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Dr. Rajendra Prasad Government Medical College (Dr. RPGMC) Kangra at Tanda, Himachal Pradesh, India - 176 001

Institutional Ethics Committee (IEC)

Chairperson Padmashri Dr. Kshama Metre National Director CORD (Tapovan Dharamsala) + 91 94180 36987

Registration No. EC/NEW/INST/2021/2081 and ECR/490/Inst/HP/2013 Member Secretary Dr. Dinesh Kumar Professor (Community Medicine) + 91 8091139247

Dated: 07.07.2023

E mail: iecdrpgmc@gmail.com

Alternate Member Secretary

Mr. Satya Bhushan Sharma,

Basic Medical Scientists

Dr. Sunil Kumar Raina,

Dr. Atal Sood,

Mr. Sushant Sharma,

Clinicians

Dr. Seema Sharma

Dr. Pradeep Makkar

Dr. Ashish Garg

Legal Expert

Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/073

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/061/2023) entitled "To study the role of glacial acetic acid irrigation in medical management of chronic suppurative otitis media" submitted by, Dr. Vikrant, Resident, ENT, Dr.

RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

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Dr. Pradeep Makkar Dr. Ashish Garg

Legal Expert Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/074

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/069/2023) entitled "Clinical spectrum of congenital heart disease in age group 1 month to 5 years at tertiary care centre in northern Himalayas" submitted by, Dr. Meenu Yadav, Resident, Pediatrics, Dr. RPGMC, Kangra at Tanda, Himachal

Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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- Final report of the study

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Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/075

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/071/2023) entitled "Role of prophylactic intravenous tranexamic acid versus placebo in reducing blood loss during cesarean section: A randomized controlled study" submitted by, Dr. Meenu Yadav, Resident, Obstetrics and Gynecology, Dr.

RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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No. HFW- H DRPGMC/ Ethics /2023/076

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/079/2023) entitled "To study the spectrum of ovarian tumor in a tertiary care hospital: A prospective observational study" submitted by, Dr. Deepanjli Saini, Resident, Obstetrics and Gynecology, Dr. RPGMC, Kangra at Tanda, Himachal

Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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- Any adverse event occurring during the study
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Lay Person

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No. HFW- H DRPGMC/ Ethics /2023/077

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/080/2023) entitled "Nailfold capillaroscopic changes in psoriasis patients: a prospective controlled hospital-based study" submitted by, Dr. Vaibhavi Chhokra, Resident, Dermatology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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No. HFW- H DRPGMC/ Ethics /2023/078

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/081/2023) entitled "The efficacy and safety of injectable Platelet rich fibrin (PRF) therapy and topical minoxidil (5%) fortified with finasteride (0.1%) in the treatment of androgenetic alopecia" submitted by, Dr. Nitika Dhiman, Resident, Dermatology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/079

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/084/2023) entitled "Prevalence of dysautonomia in newly diagnosed Parkinson's disease patients at rural tertiary healthcare Institute" submitted by, Dr. Rohit Raher, Resident,

Physiology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/080

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/085/2023) entitled "Prevalence of autonomic neuropathy in newly diagnosed diabetes mellitus patients at rural tertiary healthcare Institute" submitted by, Dr. Gautham Karthik K, Resident, Physiology, Dr. RPGMC, Kangra at Tanda. Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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Mr. Ashok Raina

No. HFW- H DRPGMC/ Ethics /2023/081

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/088/2023) entitled "Comprehensive Genetic Analysis of Parkinson Disease in the Indian population" submitted by, Dr. Amit Bhardwaj, Professor, Neurology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh.

Decision: The committee approves the research work to be conducted in its present form.

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