

Dr. Rajendra Prasad Government Medical College (Dr. RPGMC)
Kangra at Tanda, Himachal Pradesh, India – 176 001
Institutional Ethics Committee (IEC)
Registration No. ECR/490/Inst/HP/2013

Chairperson
Padmashri Dr. Kshama Metre
National Director CORD (Tapovan Dharamsala)
+ 91 94180 36987

Member Secretary
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Dr. Sunil Kumar Raina,
Dr. Atal Sood,
Mr. Sushant Sharma,

Clinicians

Dr. Kailash Nath Sharma
Dr. Shally Rana
Dr. Seema Sharma
Dr. SM Mehta
Dr. Pradeep Makkar
Dr. Ashish Garg

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Mr. Yashpal Kachroo

Social Scientist

Dr. Shabab Ahmed

Lay Person

Mr. Ashok Raina

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Dr. Sanjeev Sharma
Dr. KS Mehta
Dr. Raman Chauhan
Dr. Narveer Chauhan

Subject Expert

Dr. Sita Thakur
Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2021/77

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/72/2021) entitled “A randomised open label superiority controlled trial to evaluate efficacy and safety of oral supplementation with juice of carrot and beetroot in pregnancy induced hypertension” submitted by Dr Ambudhar Sharma, Assistant professor, Cardiology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted with comments to;

- Include Patient Information sheet (PIS) and Informed consent form in Hindi.
- Mention in the PIS that no additional cost will not to be bear by the patients.

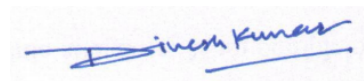
The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.



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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2021/78

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/73/2021) entitled “**Clinical, demographic characteristics, management practices and outcome of atrial fibrillation: a prospective hospital registry-based study (HP-AF registry)**” submitted by **Dr Ambudhar Sharma, Assistant professor, Cardiology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted with comments to;

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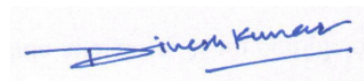
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No. HFW- H DRPGMC/ Ethics /2021/79

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/74/2021) entitled “**Demographic, clinical characteristics, treatment pattern of hypertension- a prospective hospital registry-based study (HP-HTN registry)**” submitted by **Dr Ambudhar Sharma, Assistant professor, Cardiology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted with comments to;

- Include Patient Information sheet (PIS) and Informed consent form in Hindi.
- Mention in the PIS that no additional cost will not to be bear by the patients.

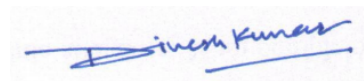
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No. HFW- H DRPGMC/ Ethics /2021/80

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/75/2021) entitled “**Demographic, clinical profile, treatment pattern and outcome of pulmonary hypertension: a hospital registry based prospective observational study**” submitted by **Dr Ambudhar Sharma, Assistant professor, Cardiology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted with comments to;

- Include Patient Information sheet (PIS) and Informed consent form in Hindi.
- Mention in the PIS that no additional cost will not to be bear by the patients.

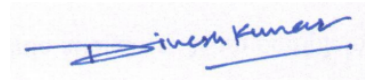
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No. HFW- H DRPGMC/ Ethics /2021/81

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/76/2021) entitled “**To study the risk factor profile, clinical presentation and echocardiographic follow up of peripartum cardiomyopathy: a hospital registry based prospective observational study**” submitted by **Dr Ambudhar Sharma, Assistant professor, Cardiology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted with comments to;

- Include Patient Information sheet (PIS) and Informed consent form in Hindi.
- Mention in the PIS that no additional cost will not to be bear by the patients.

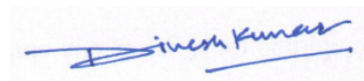
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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2021/82

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/77/2021**) entitled “**To evaluate role of novel biomarker in accessing risk of ventricular arrhythmia in dilated cardiomyopathy: a prospective observational cohort study**” submitted by **Dr Ambudhar Sharma, Assistant professor, Cardiology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted with comments to;

- Include Patient Information sheet (PIS) and Informed consent form in Hindi.
- Mention in the PIS that no additional cost will not to be bear by the patients.

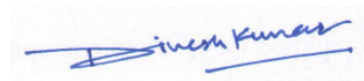
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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2021/83

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/78/2021) entitled “**Clinical, epidemiological and immunological profile in children with recurrent pneumonia**” submitted by **Dr. Avinash Sharma, Assistant Professor, Pediatrics**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee does not approve the research work to be conducted in present form as;

- Communication from National Institute of Virology (NIV), Pune (ICMR) mentioning the name of the investigator from Dr. RPGMC, Kangra is required.

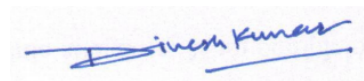
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No. HFW- H DRPGMC/ Ethics /2021/84

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/79/2021) entitled “**Comparison of facility based individual counseling of TB patients by the Community Health Officers with home based peer counseling by the TB champion during treatment of tuberculosis for improving adherence to ATT under programmatic conditions: an interventional study**” submitted by **Dr Raman Chauhan, Associate Professor, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted with comment to include;

- Include Patient Information sheet (PIS) and Informed consent form in Hindi.

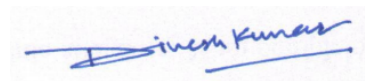
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No. HFW- H DRPGMC/ Ethics /2021/85

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/80/2021) entitled “**Genetic analysis of high altitude paragangliomas of the head and neck**” submitted by **Dr. Sudesh Kumar, Associate Professor, ENT, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on 29.09.2021 at 2:00 PM.**

Decision: The committee does not approve the research work to be conducted in present form as;

- Confirmation is required from the principal investigator from University of Texas, USA that the sample will be tested at university. It should also mention that cost of transportation and testing will not to be bear by the patient. It will be prudent if a memorandum of understanding (MoU) between investigators/head of institute of Dr.RPGMC and University of Texas can be signed and same can be given to IEC.

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- Final report of the study

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No. HFW- H DRPGMC/ Ethics /2021/86

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/81/2021) entitled “A Cross-sectional Study to Assess the Incidence and Causes of Maternal Near Miss and to Assess the Quality of Care Being Given” submitted by **Dr. Nidhi Jindal, Assistant Professor, Obstetrics and Gynecology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on 29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted with recommendation that;

- Patient Information sheet (PIS) and Informed consent is mandatory from the spouse/parents/guardian/legal counsel etc. as patient herself cannot give.

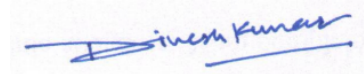
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**Dr. Rajendra Prasad Government Medical College (Dr. RPGMC)
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Dr. Narveer Chauhan

Subject Expert

Dr. Sita Thakur
Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2021/87

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/82/2021**) entitled “**Case Report: Leishmanial lymphadenopathy in a native patient from nonendemic region of Himachal Pradesh, India**” submitted by **Dr. Sujeet Raina, Associate Professor, Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on 29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

- Introduce Patient Information sheet (PIS) and obtain an Informed consent.

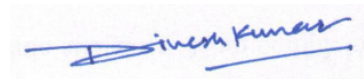
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Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2021/88

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/83/2021) entitled “**Image: Tophaceous gout and Martel’s sign: Manifestations of advanced gout**” submitted by **Dr. Sujeet Raina, Associate Professor, Medicine**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM**.

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

- Introduce Patient Information sheet (PIS) and obtain an Informed consent.

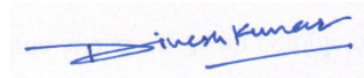
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No. HFW- H DRPGMC/ Ethics /2021/89

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/84/2021) entitled “Comparative evaluation of two different doses of 0.25% Bupivacaine 15ml and 20 ml in USG guided Pericapsular Nerve Group Block (PENG) for relieving pain during positioning for instituting anaesthesia in hip fracture surgeries” submitted by **Dr. Anita Sharma, Senior Resident, Anaesthesiology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

- Include Patient Information sheet (PIS) and obtain an Informed consent in Hindi.

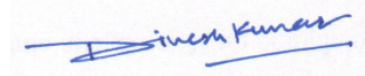
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No. HFW- H DRPGMC/ Ethics /2021/90

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/85/2021) entitled “**Evaluation of Results of Percutaneous Tenotomy in Lateral Epicondylitis-A Mid Term Follow Up**” submitted by **Dr. Anu Kumar, Junior Resident, Orthopaedics**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

- Include Patient Information sheet (PIS) and obtain an Informed consent in Hindi.

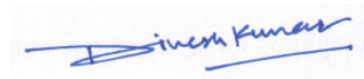
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No. HFW- H DRPGMC/ Ethics /2021/91

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/86/2021) entitled “**To study the Hemogram Profile in Type 2 Diabetes Mellitus**” submitted by **Dr. Anoop, Junior Resident, Medicine**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

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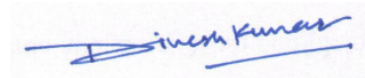
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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2021/92

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/87/2021) entitled “**The impact of the maternal obesity on gestational outcome-A prospective study as per Indian Asian Guidelines**” submitted by **Dr. Aditya Thakur, Junior Resident, Obstetrics & Gynecology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

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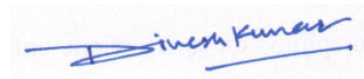
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Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2021/93

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/88/2021) entitled “**To study efficacy and safety of the intralesional BCG therapy in cutaneous warts**” submitted by **Dr. Amisha, Junior Resident, Dermatology, Venerology & Leprosy**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

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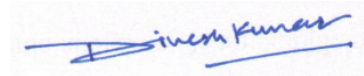
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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2021/94

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/89/2021**) entitled “**A Randomized control trial Comparing induction of Labor at 40 weeks in pregnant women**” submitted by **Dr. Divya Khurana, Junior Resident, Obstetrics & Gynecology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form.

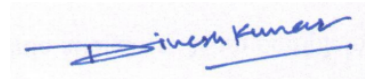
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No. HFW- H DRPGMC/ Ethics /2021/95

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/90/2021) entitled “A study of prevalence of Vitamin D deficiency in patients with Decompensated Cirrhosis and its implications as Risk factor for Spontaneous Bacterial Peritonitis” submitted by **Dr. Manish Chaudhary, Junior Resident, Medicine**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

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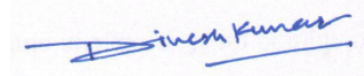
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No. HFW- H DRPGMC/ Ethics /2021/96

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/91/2021) entitled “**To study survival, growth and neurodevelopment at the age of one year in very low birth weight neonates in tertiary care centre of sub-himalayan region**” submitted by **Dr. Jeevak V Divakaran, Junior Resident, Paediatrics**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

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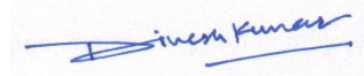
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It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.



(Member Secretary)

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Kangra at Tanda (HP)

Dr. Rajendra Prasad Government Medical College (Dr. RPGMC)
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Dr. Narveer Chauhan

Subject Expert

Dr. Sita Thakur
Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2021/97

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/92/2021) entitled “**Evaluation of the effects of dapagliflozin SGLT2 inhibitor, on hepatic steatosis and fibrosis by transient elastography in patients with type 2 diabetes mellitus and nonalcoholic fatty liver disease**” submitted by **Dr. Meenu Sharma, Junior Resident, Medicine**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM**.

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

- Include Patient Information sheet (PIS) and Informed consent in Hindi.

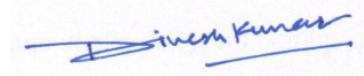
The IEC needs to be informed about;

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- Final report of the study

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No. HFW- H DRPGMC/ Ethics /2021/98

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/93/2021) entitled “**Pattern and characteristics of Trigeminal Neuralgia Patients attending Neurology Department of Rural Tertiary Health Care institution**” submitted by **Dr. Ritin Sharma, DNB student, Neurology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

- Include Patient Information sheet (PIS) and Informed consent in Hindi.

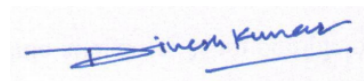
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No. HFW- H DRPGMC/ Ethics /2021/99

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/94/2021) entitled “**Profiling of patients with Hymenoptera (Bees and Wasps stings using an open Cohort Design)**” submitted by **Dr. Muhammad Sadil KP, Junior Resident, Medicine**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM**.

Decision: The committee approves the research work to be conducted in present form.

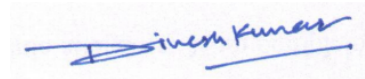
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No. HFW- H DRPGMC/ Ethics /2021/100

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/95/2021**) entitled “**To study the clinic-Haematological Changes in Chronic Kidney Disease**” submitted by **Dr. Subhash Chand, Junior Resident, Medicine**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM**.

Decision: The committee approves the research work to be conducted in present form.

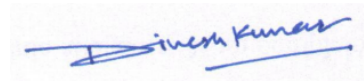
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No. HFW- H DRPGMC/ Ethics /2021/101

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/96/2021) entitled “**Real time evaluation of standard landmark based ‘double pop’ technique of tap block (lateral approach) with USG in patients undergoing elective/emergency LSCS under subarachnoid block for post operative analgesia with assessment of skin to tap distance in Indian parturients a cross-sectional study**” submitted by **Dr. Bhanu Gupta, Senior Resident, Anaesthesiology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **29.09.2021 at 2:00 PM.**

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

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No. HFW- H DRPGMC/ Ethics /2021/102

Dated: 29.09.2021

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/97/2021) entitled “**Data mining and harmonization for spatio-temporal analysis and prediction of future spread of SARS-CoV-2 infection in India**” submitted by **Dr. Dinesh Kumar, Associate Professor, Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **29.09.2021 at 2:00 PM**.

Decision: The committee approves the research work to be conducted in present form with recommendation to include;

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(Chairperson)