

**Dr. Rajendra Prasad Government Medical College (Dr. RPGMC)
Kangra at Tanda, Himachal Pradesh, India – 176 001
Institutional Ethics Committee (IEC)**

Registration No. ECR/490/Inst/HP/2013

Chairperson
Padmashri Dr. Kshama Metre
National Director CORD (Tapovan Dharamsala)
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Member Secretary
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Associate Professor (Community Medicine)
+ 91 8091139247

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Dr. Atal Sood,
Mr. Sushant Sharma,

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Social Scientist

Dr. Shabab Ahmed

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Dr. KS Mehta
Dr. Raman Chauhan
Dr. Narveer Chauhan

Subject Expert

Dr. Sita Thakur
Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/212

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/137/2019) entitled “**To compare the efficacy and safety of triple regimens Pentaperzole, Clarithromycin for Helicobacter Pylori Vs Pentaperzole, Clarithromycin for Helicobacter Pylori radication in Dyspepsia patients; Randomised controlled trial**” submitted by **Dr. Ajay Kumar, MD Student, Department of Pharmacology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on 16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

It is recommended that you shall also register your Protocol on www.ctri.nic.in before starting the project.

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Please note that members of IEC have the right to monitor the study in any phase.

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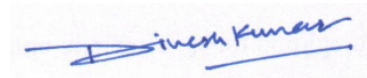
No. HFW- H DRPGMC/ Ethics /2019/213

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/138/2019) entitled “**To compare the safety & Efficacy of Azilsartan v/c Olmesartan as add on therapy to chlorthalidone in coexisting hypertension with type-2 diabetese mellitus; Randomized Controlled Trial**” submitted by **Dr. Deeksha Sharma, MD Student, Department of Pharmacology, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on 16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee does not approve the research work to be conducted in its present form due to

- As candidate has mentioned about RCT in title whereas, methodology has failed to convince the members about randomization technique, nature of intervention, outcomes etc.



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No. HFW- H DRPGMC/ Ethics /2019/214

Dated: 17.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/139/2019**) entitled “**To compare the safety & Efficacy of Empagliflozin v/c Teneligliptin as add on therapy with Metformin type-2 diabetes mellitus; Randomized Controlled Trial**” submitted by **Dr. Shilpa Sharma, MD Student, Department of Pharmacology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

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Please note that members of IEC have the right to monitor the study in any phase.

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No. HFW- H DRPGMC/ Ethics /2019/215

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/140/2019) entitled “**To study the association between Hyperuricemia & Albuminuria in Type-2 Diabetese Mellitus**” submitted by **Dr. Priyanka Periasamy, MD Student, Department of Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on 16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

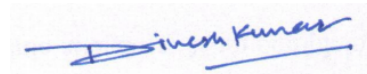
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No. HFW- H DRPGMC/ Ethics /2019/216

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/141/2019) entitled “**To study the effect of the vedic chantsin Laboring Parturients with Ambulatory Epidural Labor Analgesia**” submitted by **Dr. Shelly, MD Student, Department of Anesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on 16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

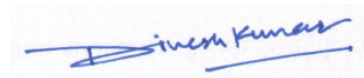
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No. HFW- H DRPGMC/ Ethics /2019/217

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/142/2019) entitled “A Comparative Study for the Assessment of Serum Levels of Calcium, Magnesium, Uric Acid & Lactate Dehydrogenase in Pre-Eclampsia & Normal Pregnancy” submitted by Dr. Shelja Rawat, MD Student, Department of Biochemistry, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

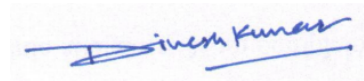
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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/218

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/143/2019) entitled “**Histopathological Spectrum of Upper Gastrointestinal Endoscopic Biopsies**” submitted by **Dr. Priya Dhora, MD Student, Department of Pathology,** Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

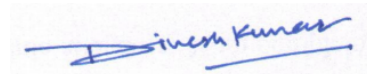
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No. HFW- H DRPGMC/ Ethics /2019/219

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/144/2019) entitled “**Phenotypic detection of Carbapenem Resistance in Gram Negative Bacteria From Various Clinical Specimens in Tertiary Care Hospital Over a Period of One Year**” submitted by **Dr. Anjali Sharma, MD Student, Department of Microbiology**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form

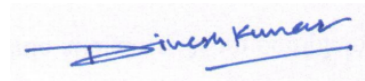
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No. HFW- H DRPGMC/ Ethics /2019/220

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/145/2019**) entitled “**Dose Response Relationship of Local Anaesthetic to Hemidiaphragmatic Paralysis Following Ultrasound Guided Superclavicular Brachial Plexus Block Randomized Controlled Trial**” submitted by **Dr. Radhika Sharma, MD Student, Department of Anesthesia**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

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No. HFW- H DRPGMC/ Ethics /2019/221

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/146/2019**) entitled “**The Analgesic Efficiency of 4in1 Block with Bupivacaine In Combination with Dexmedetomidine In Two Doses-A Prospective Randomised Trial**” submitted by **Dr. Isha Khan, MD Student, Department of Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on 16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

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No. HFW- H DRPGMC/ Ethics /2019/222

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/147/2019**) entitled “**Comparative Study of Conventional Orgastric Tube Insertion With Reverse Sellick’s Technique in Patients Undergoing Laproscopic Cholecystectomy Under General Anesthesia**” submitted by **Dr. Urvashi Nautiyal, MD Student, Department of Anaesthesia**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

It is recommended that you shall also register your Protocol on www.ctri.nic.in before starting the project. The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

(Member Secretary)

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**Dr. Rajendra Prasad Government Medical College (Dr. RPGMC)
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Subject Expert

Dr. Sita Thakur
Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/223

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/148/2019) entitled “A Study of Profile of Patients with Acute Illness with Hyperglycaemia During Hospital Stay in Medicine ICU Setting” submitted by Dr. Nidhi Chauhan, MD Student, Department of Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.


The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
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No. HFW- H DRPGMC/ Ethics /2019/224

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/149/2019) entitled “**Assessment of Preoperative Stress, Anxiety and Predictive Factors in Patients Undergoing Elective Surgery Under Regional and General Anaesthesia**” submitted by **Dr. Nishita Kaushal, MD Student, Department of Anaesthesia**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.


The IEC needs to be informed about;

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No. HFW- H DRPGMC/ Ethics /2019/225

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/150/2019) entitled “A Comparative Evaluation of Changes in Intra-Cuff Pressure Using Blockbuster Supraglottic Airway Device in Trendelenburg Position and Reverse Trendelenburg Position in Patients Undergoing Laproscopic Surgery” submitted by **Dr. Nidhi Thakur, MD Student, Department of Anaesthesia**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

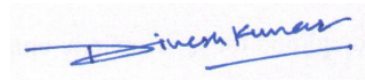
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No. HFW- H DRPGMC/ Ethics /2019/226

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/151/2019**) entitled “**Evaluation of ECG & Echocardiographic Changes in Primary Hypothyroidism**” submitted by **Dr. Roha Shad, MD Student, Department of Medicine**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

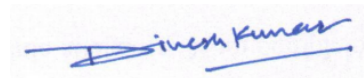
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No. HFW- H DRPGMC/ Ethics /2019/227

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/152/2019**) entitled “**Change in the levels of Vitreous Biochemical constituents with increasing time since death and its correlation with their levels in the blood**” submitted by **Dr. Tushar Saini, MD Student, Department of Forensic Medicine**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

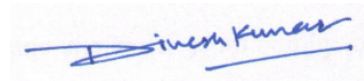
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No. HFW- H DRPGMC/ Ethics /2019/228

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/153/2019) entitled “Iron Deficiency in Primary Hypothyroid Patients” submitted by **Dr. Rajat Gupta, MD Student, Department of Medicine**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

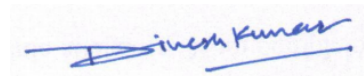
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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/229

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/154/2019**) entitled “**Clinical and Laboratory Profile of Hepatotoxicity in Patients taking Anti Tubercular Drugs**” submitted by **Dr. Lovedeep Singh, MD Student, Department of General Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

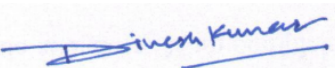
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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/230

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/155/2019**) entitled “**Clinicopathological correlation of cervical lymphadenopathy in pediatric age group (0 to 18 years) by fine needle aspiration cytology**” submitted by **Dr. Arun, MS Student, Department of ENT, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

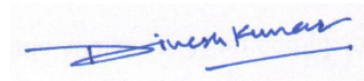
The IEC needs to be informed about;

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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/231

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/156/2019**) entitled “**Comparison of Three Different Techniques of I-Gel Insertion i.e. Standard, Rotation, Triple Airway Maneuver in An Anaesthetised Paralyse Adults-A Prospective Randomised Trial**” submitted by **Dr. Neetiksha, MD Student, Department of Anaesthesia**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

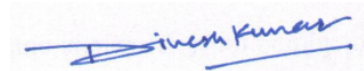
The IEC needs to be informed about;

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No. HFW- H DRPGMC/ Ethics /2019/232

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/157/2019) entitled “**Pattern of Musculoskeletal Injuries in Patients of Department of Orthopaedics, Dr. Rajendra Prasad Govt. Medical College, Tanda- A prospective Study**” submitted by **Dr. Abhinav Verma, MS Student, Department of Orthopedics**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

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Subject Expert

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Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/233

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/158/2019) entitled “**Prevalence of Limb Length Discrepancy After Total Hip Replacement And Bipolar Hemiarthroplasty And Its Impact On Functional Outcome**” submitted by **Dr. Naveen Verma, MS Student, Department of Orthopedics**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

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Subject Expert

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Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/234

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/159/2019) entitled “**Assessment of Incidence & Degree Of Hemidiaphragmatic Paralysis And Predictive Factors Following USG Guided Supraclavicular And Interscalene Brachial Plexus Block**” submitted by **Dr. Maninder Singh Nehria, MD Student, Department of Anaesthesia**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

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No. HFW- H DRPGMC/ Ethics /2019/235

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/160/2019) entitled “**Comparison of Efficiency of Rehabilitation Protocol in Patients with Post Operative Unstable Trochanteric Fractures Using Falls Efficiency Scale & Berg Balance Scale**” submitted by **Dr. Rishav Bansal, MD Student, Department of Orthopedics**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

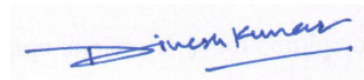
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No. HFW- H DRPGMC/ Ethics /2019/236

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/161/2019) entitled “**To Study & Compare The Dimensions & Respiratory Variations of Internal Jugular Vein And Inferior Vena Cava In Stable Cardiac And Non Cardiac Patients- A Prospective Observational Study**” submitted by **Dr. Maninder Singh Raizada, MD Student, Department of Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on 16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

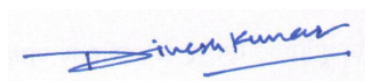
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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/237

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/162/2019) entitled “A Study For Comparative Evaluation Of Effect On Endotracheal Cuff Pressure by Using Intracuff Alkalinized 1% Lidocaine & Lignocaine Gen Application Around Endotracheal Cuff & Thereafter Extubation Quality In Smokers Undergoing General Anaesthesia” submitted by **Dr. Latesh Saphiya, MD Student, Department of Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh,** in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

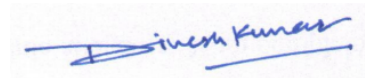
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- Final report of the study

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No. HFW- H DRPGMC/ Ethics /2019/238

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/163/2019**) entitled “**Audiological Profile in High Risk Infants**” submitted by **Dr. Vartika Sharma, MD Student, Department of ENT, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

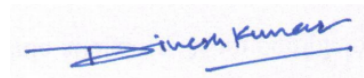
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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/239

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/164/2019) entitled “A Comparative Evaluation of Changes In Infra-Cuff Pressure Using AMBU AURAGAIN In Trendelenburg Position And Reverse Trendelenburg Position In Patients Undergoing Laproscopic Surgery” submitted by **Dr. Poonam, MD Student, Department of Anaesthesia**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

It is recommended that you shall also register your Protocol on www.ctri.nic.in before starting the project. The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

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Subject Expert

Dr. Sita Thakur
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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/240

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/165/2019) entitled “**To Evaluate And Compare The Skin-Epidural Depth In Sitting Position As Assessed By USG V/S Epidural Depth Equation & Correlation With Body Mass Index In Patients Scheduled For Surgery Under Lumbar Epidural Block**” submitted by **Dr. Mohini Gurg, MD Student, Department of Anaesthesia, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

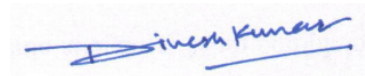
The IEC needs to be informed about;

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- Final report of the study

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No. HFW- H DRPGMC/ Ethics /2019/241

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/166/2019) entitled “**To Study The Prevalence, Etiology And Associated Risk Factors For Low Back Pain At A Tertiary Level Institute Of Sub Himalayan Area**” submitted by **Dr. Nandini Sharma, MD Student, Department of Anaesthesia**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee does not approve the research work to be conducted in its present form as point no.6 of the consent form is inappropriate and to be explained clearly.

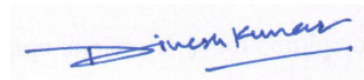
The IEC needs to be informed about;

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No. HFW- H DRPGMC/ Ethics /2019/242

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/167/2019**) entitled “**To Study the Potential Role of Platelet Rich Plasma as a Therapeutic Modality in Melasma**” submitted by **Dr. Vijay Karan Singh, MD Student, Department of Dermatology, Venereology & Leprosy**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

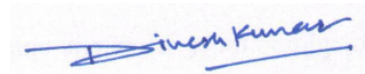
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Subject Expert

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Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/243

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/168/2019**) entitled “**Audiological Profile of Patients With Overt Hypothyroidism And Overt Thyrotoxicosis**” submitted by **Dr. Dishant, MD Student, Department of ENT, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

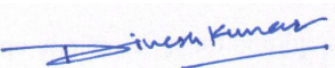
The IEC needs to be informed about;

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- Any serious adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.


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No. HFW- H DRPGMC/ Ethics /2019/244

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/169/2019**) entitled “**Outcome Assessment of Postoperative Unstable Intertranchentric Fractures using Modified Harris Hip Score- A Patient Self Report & A Surgeons Assessment**” submitted by **Dr. Prajwal Anand Srinivasan, MD Student, Department of Orthopaedics**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

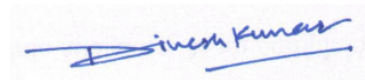
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Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/245

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/170/2019**) entitled “**Assessing Financial Expenditure Pattern among Patients Receiving Benefits Under Ayushman Bhart- Pradhan Mantri Jan Arogya Yojna (AB-PMJAY) Scheme at Tertiary Care Hospital of Himachal Pradesh**” submitted by **Dr. Shweta Kanwal, MD Student, Department of Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

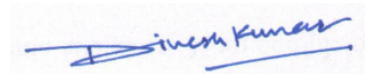
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No. HFW- H DRPGMC/ Ethics /2019/246

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/171/2019) entitled “A Study to Track the Sickness career Graph of Newly Diagnosed Hypertensive Patients in Tertiary Care Hospital” submitted by **Dr. Tarun Sood, MD Student, Department of Community Medicine**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

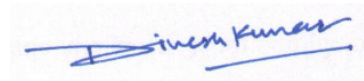
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- Any serious adverse event occurring during the study
- Final report of the study

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No. HFW- H DRPGMC/ Ethics /2019/247

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/172/2019) entitled “**An Observational Study to assess Knowledge Attitude & Practice (KAP) For Post Partum Intra Uterine Contraceptive Devices (PP- IUCD) Among Pregnant Women For Elective Cesarean Section**” submitted by **Dr. Komal Sharma, MS Student, Department of OBG**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

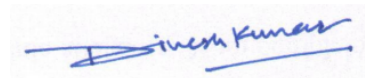
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- Any serious adverse event occurring during the study
- Final report of the study

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Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/248

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/173/2019) entitled “**Confidential Enquiry Evaluating The Rate And Causes Of Stillbirth In A Tertiary Care Center Of Northern India**” submitted by **Dr. Ankisha Sharma, MS Student, Department of OBG**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee does not approve the research work to be conducted in its present form but suggests to remove “Confidential” word from the title.

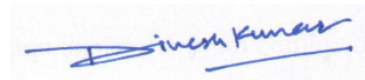
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Subject Expert

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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/249

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/174/2019**) entitled “**A RCT Comparing The Effectiveness Of Single Versus Double Intrauterine Insemination In Unexplained Infertility**” submitted by **Dr. Swinky Jain, MS Student, Department of OBG**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

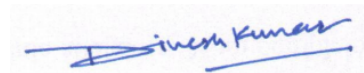
The IEC needs to be informed about;

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- Any serious adverse event occurring during the study
- Final report of the study

It is recommended that you shall also register your Protocol on www.ctri.nic.in before starting the project. The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

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Subject Expert

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Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/250

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/175/2019**) entitled “**To Study Magnesium Levels in Type-2 Diabetes Mellitus**” submitted by **Dr. Priyesh Sharma, MD Student, Department of Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present with the direction to mention headings “Participant Information Sheet” and “Consent Form” in respective forms.

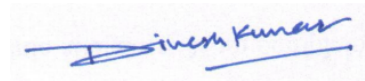
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- Final report of the study

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Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/251

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/176/2019) entitled “**Subcuticular (Polyglecaprone 3-0) Versus Three Mattress (Polypropylene 3-0) Suture Techniques For Skin Closure Of Low Transverse Incision In OBG Surgeries**” submitted by **Dr. Aabha Sharma, MS Student, Department of OBG**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

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- Final report of the study

It is recommended that you shall also register your Protocol on www.ctri.nic.in before starting the project. The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

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Member Secretary
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Subject Expert

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Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/252

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/177/2019**) entitled “**To Study Clinical Profile And Outcome of Ectopic Pregnancy**” submitted by **Dr. Namika Dwivedi, MS Student, Department of OBG**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

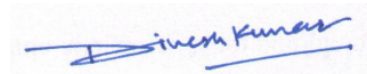
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No. HFW- H DRPGMC/ Ethics /2019/253

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/178/2019) entitled “**To Study The Maternal And Fetal Outcome In Women Presenting With Jaundice In Pregnancy**” submitted by **Dr. Arundhati Sharma, MS Student, Department of OBG**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

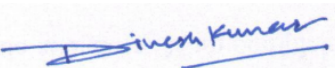
The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.


(Member Secretary)
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Subject Expert

Dr. Sita Thakur
Dr. Amit Bhardwaj
Dr. Mukul Bhatnagar

No. HFW- H DRPGMC/ Ethics /2019/254

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/179/2019) entitled “**Comparison of Single – Shot MR & MDCT Arthrography of Shoulder Joint for Evaluation of Glenolabral and Rotator Cuff Injuries**” submitted by **Dr. Rohit Barsola, MD Student, Department of Radio Diagnosis**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

It is recommended that you shall also register your Protocol on www.ctri.nic.in before starting the project. The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

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Dr. Amit Bhardwaj
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No. HFW- H DRPGMC/ Ethics /2019/255

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: IEC/180/2019) entitled “A Randomised Controlled Trial Comparing Transcervical Foleys Catheter With Oral V/S Vaginal Misoprostol In Pregnant Women At Term For Induction of Labor” submitted by **Dr. Kanan Rambani, MS Student, Department of OBG**, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee does not approve the research work to be conducted in its present form due to absence of clarity about study design “method of randomization”.

The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

It is recommended that you shall also register your Protocol on www.ctri.nic.in before starting the project. The IEC has to be informed and permission taken before any changes in the protocol, patient information sheet, informed consent, Site of Study or Investigator.

It is to be ensured that there shall no financial burden on the research participants because of participation in the study and no direct cash incentives are given to the participants.

Please note that members of IEC have the right to monitor the study in any phase.

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No. HFW- H DRPGMC/ Ethics /2019/256

Dated: 21.12.2019

The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/181/2019**) entitled “**Strategic Multimodal Intervention in at-risk Elderly Indians for Prevention of Dementia (SMRUTHI INDIA): A cohort multiple randomised controlled trial (cmRCT)**” submitted by **Dr. Sunil Raina, Professor & Head, Department of Community Medicine, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh,** in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted in its present form.

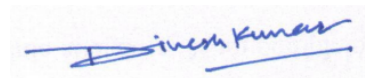
The IEC needs to be informed about;

- Patient information sheet and consent forms duly filled and signed
- Any serious adverse event occurring during the study
- Final report of the study

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Please note that members of IEC have the right to monitor the study in any phase.



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No. HFW- H DRPGMC/ Ethics /2019/257

Dated: 21.12.2019

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The IEC of Dr. RPGMC reviewed and discussed the protocol (No: **IEC/182/2019**) entitled “**A Hospital based study assessing efficacy of autologous platelet-rich plasma (PRP) intradermal injections for facial rejuvenation**” submitted by **Dr. KS Mehta, Professor & Head, Department of Dermatology, Venereology & Leprosy, Dr. RPGMC, Kangra at Tanda, Himachal Pradesh**, in the meeting of the IEC held on **16.12.2019 at 2:00 PM** in the office of the Member Secretary.

Decision: The committee approves the research work to be conducted with recommendation to include adverse effects of the procedure in Participation Information Sheet (PIS)

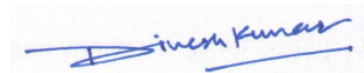
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