

TERMS & CONDITION OF APPOINTMENT

1. Candidate should possess a Bachelor Degree or its equivalent in Home Science (honors or pass) or graduates in Nutrition/Dietetics) from recognized University.
2. Candidate should be between 18 and 45 years in age.
3. The selected candidate shall be paid Rs.10,000/- as consolidated salary per month and no other allowances will be admissible there upon.
4. The contract shall be for a period of one year, extendable for the period till the currency of NRC project.
5. No TA/DA shall be paid for walk-in-interview.
6. The candidate should also have the knowledge of customs, manners and dialects of Himachal Pradesh and suitability for appointment in peculiar conditions prevailing in the Pradesh.
7. The appointee shall not confer right to the official for any claim for regularization of his/ her services.
8. The appointee shall not be entitled to claim any benefit for contractual services rendered with the department.
9. Only one day casual leave would be allowed to the contractual appointee after putting one month services.
10. In case the contractual appointee remains absent from duties the remuneration for the said period shall not be paid at all.
11. The appointee shall be terminated at any time in case his/her work and conduct is not found satisfactory.
12. The appointee may leave the contract by giving one month notice or depositing one month remuneration in lieu of the notice.
13. The appointee shall be liable to be terminated without giving any notice if the contractual employee prima facie is found guilty of any in subordination, moral turpitude or other misconduct or of any breach of terms & conditions of appointment.
14. The candidate shall have to produce original documents along with photo copies of his/her educational qualification/degree/diploma etc. at the time of interview.
15. The appointee should be permanent resident of Himachal Pradesh

DOCUMENTS/ CERTIFICATE REQUIRED AT THE TIME OF JOINING

- i) Medical fitness certificate issued by the Medical Superintendent, Dr.RPGMC Kangra at Tanda.
- ii) Original certificate of educational and professional qualifications
- iii) Certificate of age proof i.e. Matriculation certificate
- iv) Character certificate from a Magistrate or gazette officer to whom the candidate is known for the last three years.
- v) Certificate of bonafide resident of Himachal Pradesh.

Duties of Nutrition Counselor

- 1) The Nutrition Counselor will function as a supervisor of the unit; trainer and counselor for the staff posted in the NRC as well as mothers/ caregivers.
- 2) She will chart out specific therapeutic diet plan for each child as per the guidelines in consultation with the Medical Officer.
- 3) She will also be responsible for monitoring the preparation and distribution of feeds as per diet charts, maintaining NRC records in registers, preparing reports of the NRC and in diet and treatment sheets.
- 4) Nutrition counselor will assess the feeding problem in each child and give individual counseling to mothers.
- 5) The nutrition counselor will bring all mothers and caregivers of the admitted children together and give demonstration on making low cost nutritious energy dense culturally acceptable child foods; and also provide group counseling on various topics like nutrition and malnutrition, hygiene and sanitation, infant and young child feeding practices, immunization, family planning etc.
- 6) The nutrition counselor will also provide counseling and demonstrate to mothers on structured play therapy for psychosocial stimulation to engage children in play therapy for at least 30 minutes each day.
- 7) She will also provide group counseling to mothers of all children admitted in the health facility (e.g. pediatric or general ward) and also to mothers of children presenting in outpatients department on designated days (e.g. immunization day). This would also ensure optimum utilization of nutrition counselor as the estimated workload at NRC does leave time for these additional functions.