

# Dr. R.P. Govt. Medical College, Kangra at Tanda

## Time Table for Foundation Course, MBBS Batch 2019

Date	9AM-10AM	10AM-11PM	11-12 Noon	12-1PM	1-2PM	2-3PM	3-4 PM	4-5PM
<b>WEEK-I</b>								
<b>01-08-2019</b> Thursday	Principal Address:- Dr. Bhanu Awasthi, DRPGMC, Tanda (Auditorium)	Introduction of MBBS students & constitution of parents teacher association  ALL FACULTY MEMBERS  Co-ordinator:- Dr. Munish Saroch, Prof. ENT (Auditorium)			LUNCH BREAK	Introduction of MBBS program:- Dr. Suman Yadav, HOD Anatomy (Anatomy Hall Third Floor)	History of Medicine :- Dr. Rajesh Sharma, Prof. Medicine (Anatomy Hall Third Floor)	
<b>02-08-2019</b> Friday	Doctors role in society 1 :- Dr. Dinesh Kumar, Assoc. Prof. Community Medicine (Anatomy Hall Third Floor)	Expectations of MBBS students from society and institution. (Interactive session) :- Dr. Sunil Raina, HOD Community Medicine (Anatomy Hall Third Floor)	Examination and university rules :- Dr. Vipin Sharma, Prof. Orthopaedics (Anatomy Hall Third Floor)		LUNCH BREAK	Hostel Rules :- Dr. Sanjeev Sharma, Chief Warden (Anatomy Hall Third Floor)	Hospital & Campus orientation in batches:- Batch A Hospital visit, Batch B Library and Hostels Batch C Medical college 1. Dr. Sapna Bhardwaj, Asstt. Prof. Physiology 2. Dr. Vishal Kalia, Asstt. Prof. Anatomy 3. Dr. Anita, Asstt. Prof. Biochemistry (Anatomy Hall Third Floor)	
<b>03-08-2019</b> Saturday	Doctors role in society 2 :- Dr. Dinesh Kumar, Assoc. Prof. Community Medicine (Anatomy Hall Third Floor)	Healthcare system in India :- Dr. Raman Chauhan, Asstt. Prof. Community Medicine (Anatomy Hall Third Floor)	Expectations of MBBS students from teachers ,colleagues and patients. (Interactive session) :- Dr. Rupali Parlewar, HOD Physiology (Anatomy Hall Third Floor)		LUNCH BREAK	Career Pathways & personal Growth :- Dr. Rajesh Sharma, Prof. Medicine (Anatomy Hall Third Floor)	Hospital & Campus orientation in batches:- Batch A Hospital visit, Batch B Library and Hostels Batch C Medical college 1. Dr. Sapna Bhardwaj, Asstt. Prof. Physiology 2. Dr. Vishal Kalia, Asstt. Prof. Anatomy 3. Dr. Anita, Asstt. Prof. Biochemistry (Anatomy Hall	
<b>04-08-2019</b> Sunday	<b>HOLIDAY</b>							
<b>05-08-2019</b> Monday	Introduction to & interaction with patient. :- Dr. Dheeraj Kapoor, HOD Medicine (Anatomy Hall Third Floor)	Alternative health system in India-1 :- Dr. Raman Chauhan, Asstt. Prof., Community Medicine (Anatomy Hall Third Floor)	Alternative health system in India -2 :- Dr. Raman Chauhan, Asstt. Prof., Community Medicine (Anatomy Hall Third Floor)	Mental and Physical Health :- Dr. (Maj.) Sukhjit, HOD Psychiatry (Anatomy Hall Third Floor)	LUNCH BREAK	Research & its importance :- Dr. Sunil Kumar Raina, HOD Community Medicine (Anatomy Hall Third Floor)	Hospital & Campus orientation in batches:- Batch A Hospital visit, Batch B Library and Hostels Batch C Medical college 1. Dr. Sapna Bhardwaj, Asstt. Prof. Physiology 2. Dr. Vishal Kalia, Asstt. Prof. Anatomy 3. Dr. Anita, Asstt. Prof. Biochemistry (Anatomy Hall Third Floor)	

06-08-2019 Tuesday	Anti ragging measures :- Dr. Munish Saroch, Prof. ENT  (Anatomy Hall Third Floor)	Group allotment of students :- Dr. Suman Yadav, HOD Anatomy (Anatomy Hall Third Floor)	Medical documentation and records :- <b>Dr. Deepali, HAO</b> (Anatomy Hall Third Floor)	LUNCH BREAK	Consequences of ethical and unethical behaviour :- <b>Dr. Sushil Arora, Assoc. Prof. Forensic Medicine</b> (Anatomy Hall Third Floor)	Basic Computer Skills <b>Dr. Raman Chauhan, Asstt. Prof. Community Medicine &amp; team.</b> Batch B:- Hindi Language / Local Language (Demonstration Room 1) <b>Ms. Komal Kaushal</b> Batch-C:- English (Demonstration Room 2)
07-08-2019 Wednesday	Gender sensitivity 1:- <b>Dr. Rupali Parlewar, HOD Physiology</b> (Anatomy Hall Third Floor)	Curriculum description :- <b>Dr. Rajeev Tuli, HOD Ophthalmology</b> (Anatomy Hall Third Floor)	SPORTS:- Volleyball, Basket ball, Foot ball, Badminton, Cricket (In batches according to Choice) <b>Mrs. Seema Kansal</b> (Basket Ball/Cricket Ground)	LUNCH BREAK	Role of MBBS at various levels of Healthcare delivery systems :- <b>Dr. Dinesh Kumar, Assoc. Prof. Community Medicine</b> (Anatomy Hall Third Floor)	Batch A: Computers skills (Library) Basic Computer Skills <b>Dr. Raman Chauhan, Asstt. Prof. Community Medicine &amp; team.</b> Batch B:- Hindi Language / Local Language (Demonstration Room 1) <b>Ms. Komal Kaushal</b>
08-08-2019 Thursday	Why this profession :- Students views interactive session <b>Medicine</b> <b>Dr. Rajesh Sharma, Prof.</b> (Anatomy Hall Third Floor)		SPORTS:- Volleyball, Basket ball, Foot ball, Badminton, Cricket (In batches according to Choice) <b>Mrs. Seema Kansal</b> (Basket Ball/Cricket Ground)	LUNCH BREAK	Skill requirement and certification :- <b>Dr. Shayam Bhandari, Asstt. Pro. Anaesthesia</b>	Basic Computer Skills <b>Dr. Raman Chauhan, Asstt. Prof. Community Medicine &amp; team.</b> Batch B:- Hindi Language / Local Language (Demonstration Room 1) <b>Ms. Komal Kaushal</b> Batch-C:- English (Demonstration Room 2)
<b>WEEK-II</b>						
09-08-2019 Friday	Group learning & Assesment driven learning :- <b>Dr. Dinesh Kansal, HOD Pharmacology</b>		Community visits :- In four batches A to D Batch A :- <b>Tertiary Health Care Centre</b> Batch B :- <b>Community Health Centre</b> Batch C :- <b>Primary Health Centre</b> Batch D :- <b>Anti-rabies Clinic</b>	LUNCH BREAK	Use of online resources :- <b>Dr. Raman Chauhan, Asstt. Prof. Community Medicine</b>	Batch A: Computers skills (Library) Basic Computer Skills <b>Dr. Raman Chauhan, Asstt. Prof. Community Medicine &amp; team.</b> Batch B:- Hindi Language / Local Language (Demonstration Room 1) <b>Ms. Komal Kaushal</b> Batch-C:- English
10-08-2019 Saturday	Pedagogy and self directed learning :- <b>Dr. Munish Saroch, Prof. ENT</b>		Community visits :- In four batches A to D Batch B :- <b>Tertiary Health Care Centre</b> Batch C :- <b>Community Health Centre</b> Batch D :- <b>Primary Health Centre</b> Batch A :- <b>Anti-rabies Clinic</b>	LUNCH BREAK	Learning strategies and community based learning :- <b>Dr. Sunil Raina, HOD Community Medicine</b> (Anatomy Hall Third Floor)	Batch A: Computers skills (Library) Basic Computer Skills <b>Dr. Raman Chauhan, Asstt. Prof. Community Medicine &amp; team.</b> Batch B:- Hindi Language / Local Language (Demonstration Room 1) <b>Ms. Komal Kaushal</b> Batch-C:- English

11-08-2019 Sunday	HOLIDAY				
12-08-2019 Monday	HOLIDAY				
13-08-2019 Tuesday	National Health programs 1 :- <b>Dr. Sunil Raina, HOD Community Medicine</b> (Anatomy Hall Third Floor)	SPORTS:- Volleyball, Basket ball, Foot ball, Badminton, Cricket (In batches according to Choice) <b>Mrs. Seema Kansal</b> (Basket Ball/Cricket Ground)	LUNCH BREAK	Principles of Family practice :- <b>Dr. Vivek Sood, Asstt. Prof. Medicine</b> (Anatomy Hall Third Floor)	Batch A: Computers skills (Library) Basic Computer Skills <b>Dr. Raman Chauhan, Asstt. Prof. Community Medicine &amp; team.</b> Batch B:- Hindi Language / Local Language (Demonstration Room 1) <b>Ms. Komal Kaushal</b> Batch-C:- English
14-08-2019 Wednesday	National Health programs 2 :- <b>Dr. Sunil Raina, HOD Community Medicine</b> (Anatomy Hall Third Floor)	Community visits :- In four batches A to D Batch C :- <b>Tertiary Health Care Centre</b> Batch D :- <b>Community Health Centre</b> Batch A :- <b>Primary Health Centre</b> Batch B :- <b>Anti-rabies Clinic</b>	LUNCH BREAK	Working with health care team :- <b>Dr. Dinesh Kumar, Assoc. Prof., Community Medicine</b> (Anatomy Hall Third Floor)	Batch A: Computers skills (Library) Basic Computer Skills <b>Dr. Raman Chauhan, Asstt. Prof. Community Medicine &amp; team.</b> Batch B:- Hindi Language / Local Language (Demonstration Room 1) <b>Ms. Komal Kaushal</b> Batch-C:- English
15-08-2019 Thursday	HOLIDAY				
16-08-2019 Friday	Group dynamics :- <b>Dr. Amit Gupta, Assoc. OBG</b> (Anatomy Hall Third Floor)	Community visits :- In four batches A to D Batch D :- <b>Tertiary Health Care Centre</b> Batch A :- <b>Community Health Centre</b> Batch B :- <b>Primary Health Centre</b> Batch C :- <b>Anti-rabies Clinic</b>	LUNCH BREAK	Students reflections of Community Visits:- <b>Dr. Dinesh Kumar, Assoc. Prof. Community Medicine</b> (Anatomy Hall Third Floor)	Batch A: Computers skills (Library) Basic Computer Skills <b>Dr. Raman Chauhan, Asstt. Prof. Community Medicine &amp; team.</b> Batch B:- Hindi Language / Local Language (Demonstration Room 1) <b>Ms. Komal Kaushal</b> Batch-C:- English
17-08-2019 Saturday	Medicolegal documentation :- <b>Dr. Vijay Arora, HOD Forensic Medicine</b> (Anatomy Hall Third Floor)	Yoga (Basket Ball Ground/ Auditorium) <b>Dr. Munish Saroch, Prof. ENT/ Dr. Ashok, Physiology</b> Music (Community Medicine Hall) <b>Mr. Sagar</b>	LUNCH BREAK	Communication with patients and families :- <b>Dr. Rajesh Sharma, Prof. Medicine</b>	Batch A: Computers skills (Library) Basic Computer Skills <b>Dr. Raman Chauhan, Asstt. Prof. Community Medicine &amp; team.</b> Batch B:- Hindi Language / Local Language (Demonstration Room 1) <b>Ms. Komal Kaushal</b> Batch-C:- English
18-08-2019 Sunday	HOLIDAY				
<b>WEEK-II</b>					

19-08-2019 Monday	AETCOM Introduction Dr. Ashok Verma, Assoc. Prof. OBG	Introduction to first AID :- Dr. Sujit Raina, Asstt. Prof. Medicine	LUNCH BREAK	Value of interigity & honesty :- Dr. Vikrant Kanwar, AP HAO (Anatomy Hall Third Floor)	Batch A: Computers skills (Library) Basic Computer Skills Dr. Raman Chauhan, Asstt. Prof. Community Medicine & team. Batch B:- Hindi Language / Local Language (Demonstration Room 1) Ms. Komal Kaushal Batch-C:- English	
20-08-2019 Tuesday	Learning from patients & other members of Healthcare team :- Dr. Kailash, Prof. Medicine (Anatomy Hall Third Floor)	Basic clinical skills :- Dr. Sujit Raina, Asstt. Prof. Medicine	Introduction to BLS :- Dr. Bharti Gupta, Assoc. Prof. Anaesthesia	LUNCH BREAK	Biosafety :- Dr. S. C. Jaryal, HOD Microbiology	Batch A: Computers skills (Library) Basic Computer Skills Dr. Raman Chauhan, Asstt. Prof. Community Medicine & team. Batch B:- Hindi Language / Local Language (Demonstration Room 1) Ms. Komal Kaushal Batch-C:- English
21-08-2019 Wednesday	Immunizatin of health care workers :- Dr. Nivedita, Asstt. Prof. Pediatrics	SPORTS:- Volleyball, Basket ball, Foot ball, Badminton, Cricket (In batches according to Choice) Mrs. Seema Kansal (Basket Ball/Cricket Ground)	LUNCH BREAK	Universal work precautions :- Dr. S.C. Jaryal HOD/Dr Anuradha Sood, Assoc. Prof. Microbiology	Batch A: Computers skills (Library) Basic Computer Skills Dr. Raman Chauhan, Asstt. Prof. Community Medicine & team. Batch B:- Hindi Language / Local Language (Demonstration Room 1) Ms. Komal Kaushal Batch-C:- English	
22-08-2019 Thursday	Biomedical waste management :- Microbiology department Lecture-cum- Hands on training & audio visual aids	SPORTS:- Volleyball, Basket ball, Foot ball, Badminton, Cricket (In batches according to Choice) Mrs. Seema Kansal (Basket Ball/Cricket Ground)	LUNCH BREAK	Stress management and counseling 1 :- Psychiatry department	Batch A: Computers skills (Library) Basic Computer Skills Dr. Raman Chauhan, Asstt. Prof. Community Medicine & team. Batch B:- Hindi Language / Local Language (Demonstration Room 1) Ms. Komal Kaushal Batch-C:- English	
23-08-2019 Friday	Handwashing :- Microbiology department Lecture-cum- Hands on training & audio visual aids	Yoga (Basket Ball Ground/ Auditorium) Dr. Munish Saroch, Prof. ENT/ Dr. Ashok, Physiology Music (Community Medicine Hall) Mr. Sagar	LUNCH BREAK	Stress management and counseling 2 :- Psychiatry department	Visit to Skill labs Dr. Shayam Bhandari, Asstt. Prof. Anaesthesia and team	
24-08-2019 Saturday	HOLIDAY					
25-08-2019 Sunday	HOLIDAY					

26-08-2019 Monday	BLS skill labs  Dr. Bharti Gupta, Assoc. Prof. Anaesthesia/Dr. Piyush Gautam, Assoc. Prof. Pediatrics/ Dr. Shayam Bhandari, Asstt. Prof. Anaesthesia and team.		LUNCH BREAK	Simulation based learning :-  Dr. Rupali Parlewar, HOD Physiology	Batch A: Computers skills (Library) Basic Computer Skills Dr. Raman Chauhan, Asstt. Prof. Community Medicine & team. Batch B:- Hindi Language / Local Language (Demonstration Room 1) Ms. Komal Kaushal Batch-C:- English	
<b>WEEK-IV</b>						
27-08-2019 Tuesday	BLS skill labs  Dr. Bharti Gupta, Assoc. Prof. Anaesthesia/Dr. Piyush Gautam, Assoc. Prof. Pediatrics/ Dr. Shayam Bhandari, Asstt. Prof. Anaesthesia and team.		LUNCH BREAK	Needle stick injuries:-  Dr. Anuradha Sood, Assoc. Prof. Microbiology	Batch A: Computers skills (Library) Basic Computer Skills Dr. Raman Chauhan, Asstt. Prof. Community Medicine & team. Batch B:- Hindi Language / Local Language (Demonstration Room 1) Ms. Komal Kaushal Batch-C:- English	
28-08-2019 Wednesday	Communication skills in health care :- Dr. Raj Kumar, Prof. Surgery  Intructive Sessions & videos	Gender Sensitivity 2 :- Dr. Rashmi Kaul, HOD Pathology (Anatomy Hall Third Floor)	SPORTS:- Volleyball, Basket ball, Foot ball, Badminton, Cricket (In batches according to Choice) Mrs. Seema Kansal (Basket Ball/Cricket Ground)	LUNCH BREAK	Indian medical graduate :- Dr. Rajeev Tuli, HOD Ophthalmology (Anatomy Hall Third Floor)	Batch A: Computers skills (Library) Basic Computer Skills Dr. Raman Chauhan, Asstt. Prof. Community Medicine & team. Batch B:- Hindi Language / Local Language (Demonstration Room 1) Ms. Komal Kaushal Batch-C:- English
29-08-2019 Thursday	National Health Policies 1 :- Dr. Vikrant Kanwar, AP HAO (Anatomy Hall Third Floor)		SPORTS:- Volleyball, Basket ball, Foot ball, Badminton, Cricket (In batches according to Choice) Mrs. Seema Kansal (Basket Ball/Cricket Ground)	LUNCH BREAK	Principles of primary care :- Dr. Bharti Gupta, Assoc. Prof. Anaesthesia (Anatomy Hall Third Floor)	Batch A: Computers skills (Library) Basic Computer Skills Dr. Raman Chauhan, Asstt. Prof. Community Medicine & team. Batch B:- Hindi Language / Local Language (Demonstration Room 1) Ms. Komal Kaushal Batch-C:- English
30-08-2019 Friday	National Health Policies 2 :- Vikrant Kanwar, AP HAO		Time managemnt skill :-  Psychiatry department	LUNCH BREAK	Use of information technology :- Dr. Gaurav Sharma, Assoc. Prof. Ophthalmology	Batch A: Computers skills (Library) Basic Computer Skills Dr. Raman Chauhan, Asstt. Prof. Community Medicine & team. Batch B:- Hindi Language / Local Language (Demonstration Room 1) Ms. Komal Kaushal Batch-C:- English

<b>31-08-2019</b> <b>Saturday</b>	Assessment of foundation course and remedials :- <b>1. Suman Yadav, HOD</b> <b>Anatomy</b> <b>Parlewar, HOD Physiology</b> <b>Malik, Assoc. Prof. Biochemistry</b> (Anatomy Hall Third Floor) <b>2. Dr. Rupali</b> <b>3. Dr. Viney</b>	Yoga (Basket Ball Ground/ Auditorium) <b>Dr. Munish Saroch, Prof.</b> <b>ENT/ Dr. Ashok, Physiology</b> (Community Medicine Hall) Music <b>Mr. Sagar</b>	<b>LUNCH BREAK</b>	Interpersonal Relation and related aspects :- <b>Dr.</b> <b>(Maj.) Sukhjit, HOD</b> <b>Psychiatry</b> (Anatomy Hall Third Floor)	Batch A: Computers skills (Library) Basic Computer Skills <b>Dr. Raman</b> <b>Chauhan, Asstt. Prof. Community Medicine &amp; team.</b> Batch B:- Hindi Language / Local Language (Demonstration Room 1) <b>Ms. Komal</b> <b>Kaushal</b> Batch-C:- English
--------------------------------------	---	---	--------------------	--	--